



AIX-EN-PROVENCE SABBATICAL

AN IMMERSION IN *LA JOIE DE VIVRE*

May 27 to June 24, 2021

a program of the stanford alumni association

Many of us dream of living abroad, but few of us ever get the chance. We're pleased to offer you a golden opportunity to realize that dream! This memorable program provides a completely arranged, richly enhanced way to spend an entire month living like a local in charming Aix-en-Provence while learning a new language and digging into a different culture. You'll enjoy a balance of scheduled classes, activities and excursions along with ample leisure time for independent exploration. Southern France is a feast for the senses, and here, amid the sun-drenched landscapes that inspired Cézanne, Matisse, Renoir and Van Gogh, you'll experience French life at its best. Take in the lovely scenery, engage in captivating lectures and authentic encounters with local people. What could be better than that—a glorious spring in the South of France?

Borell

BRETT S. THOMPSON, '83, DIRECTOR, STANFORD TRAVEL/STUDY



Highlights

LEARN about French wine at a cheese-and-wine pairing and during a talk by a local wine expert.

DEVELOP camaraderie with fellow travelers at included meals, and socialize at planned get-togethers at cafés.

EXPLORE Aix-en-Provence and environs, thanks to plenty of free time to follow individual pursuits.

GLEAN insights into the history and culture of Provence while exploring Aix-en-Provence, Avignon and quaint villages in the Luberon Valley.





Faculty Leader

DAVID M. KENNEDY, '63, a member of the Stanford faculty since 1967, is the Donald J. McLachlan Professor of History, Emeritus, and founding director of the Bill Lane Center for the American West at Stanford. Over the course of his long and esteemed academic career, the renowned historian has taught both undergraduate and graduate courses in American foreign policy, the comparative development of democracy in Europe and the United States, the history of 20th-century America, American political and social thought, American literature, and the evolution of the American West. His scholarship is notable for its focus on the concept of the American character, as well as its integration of economic and cultural analyses with social and political history, an outcome of his interdisciplinary training in American studies, which combined history, literature and economics. He has lectured on American history around the globe and contributed his expertise to a broad swath of national media, including *the Atlantic Monthly*, *the New York Times*, the *PBS NewsHour* and productions aired on C-Span, PBS and NPR. He also served on the advisory board for the PBS series *American Experience*. He has authored some 10 books, including his Pulitzer Prize-winning *Freedom from Fear* and his best-selling high school textbook, *The American Pageant*. During our sabbatical Professor Kennedy will speak about the long and tangled history of relations between France and the United States, starting with France's role in securing victory in the American Revolutionary War, Thomas Jefferson's infatuation with all things French and the impact of the French Revolution on American political culture and institutions, through two World Wars and the Vietnamese imbroglio in the 20th century, and finishing with continuing tensions over NATO, nuclear proliferation and policies toward Russia and China.

"David Kennedy is the best. Any time I see that David is the faculty person on a trip, I immediately consider going on that trip."

**JIM BLAKE, '70,
STANFORD
TRAVELER**

S T A N F O R D T R A V E L / S T U D Y

SIGN UP ONLINE: alumni.stanford.edu/trip?provence2021
OR BY PHONE: (650) 725-1093



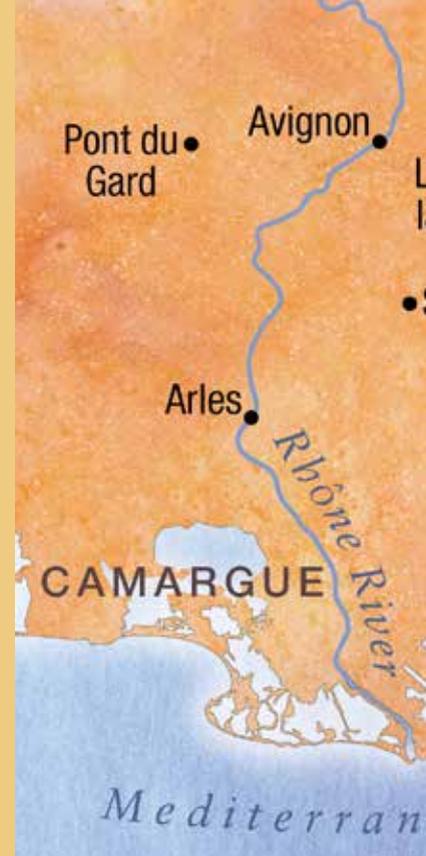
Live and Learn in Provence!

LIVE like a local and experience the French *joie de vivre* while staying in apartment-style accommodations for one month in Aix-en-Provence.

LEARN to speak French while attending language school weekday mornings, then start putting your studies to practical use as you explore Aix-en-Provence and the surrounding area.

A Typical Day

Begin by preparing breakfast in your apartment's kitchenette, using ingredients you purchased from the local market. Leave your apartment a little before 9 a.m. for the five-minute walk to your French language class. After a morning learning (or relearning!) vocabulary and conjugation and practicing conversations, meet classmates for a leisurely Provençal lunch. Depending on the day, enjoy an afternoon at leisure for relaxation or independent exploration or go on a group excursion or one that's included in one of the tracks you've signed up for. Later in the afternoon, join your fellow Stanford sabbatical participants for a lecture by Stanford faculty leader David Kennedy, then keep the discussion going over aperitifs and supper at a nearby café.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May/June 2021			Depart home for France!	<i>Vous arrivez!</i> Welcome cocktail reception and dinner	Lecture by David Walking tour Guest lecture on the history of Provence	<i>Flavors of Provence</i>
			26	27	28	29
Group excursion to L'Isle-sur-la-Sorgue and Luberon	French class Guest lecture on the history of wine	French class Visit Musée Granet Lecture by David	Group excursion to Avignon and Pont du Gard	French class Cooking class	French class	Guest lecture on the art of Provence
30	31	1	2	3	4	5
Hike Cucuron to Vauignes Lecture by David	French class Fountains walk	French class Lecture by David	Group excursion to Arles	French class Guest lecture on modern France	French class Cooking class	Lecture by David Group excursion to Atelier Cézanne
6	7	8	9	10	11	12
Free day!	French class Lecture by David	French class Guest lecture	Hike Mont Sainte-Victoire Wine and cheese pairing	French class Lecture by David	French class	Free day!
13	14	15	16	17	18	19
Castles and abbey walk	Group excursion to Marseille	Hike and e-bike Vauvenargues Lecture by David	Farewell cocktail reception and dinner	Au revoir!		
20	21	22	23	24		

TRACKS: Language Art and Culture Culinary Active
Optional track activities in italics.

GROUP MEALS: B = breakfast; L = lunch; D = dinner



Making tracks...

Included for all travelers are the Language Track and the Art and Culture Track. A third or fourth track (Culinary, Active) may be added for an additional fee.

Note that none of the classes or excursions from the various tracks overlap, so it is possible to participate in all four tracks.

...and more!

In addition to classes and excursions, enjoy lectures by our Stanford faculty leader (eight in total), as well as talks by local experts. Occasional group excursions and meals are planned, offering many opportunities to socialize and get to know your fellow travelers over a meal or a trip to a nearby town. These group classes and outings are balanced with plenty of time at leisure to relax, explore independently, learn and simply enjoy the ambience of Provence.

LANGUAGE TRACK

Learn to communicate in French! Whatever your level of proficiency, work on acquiring or improving both written and oral communication skills, and learn to understand and speak on various topics. Classes are four mornings a week and are offered at multiple levels, from beginner to advanced. Classes are taught by Alliance Française, located about a five-minute walk from our hotel, and are not exclusive to Stanford. **COST: Included**

ART AND CULTURE TRACK

Enjoy three half-day excursions, one in Aix-en-Provence and two to nearby sites. Explore the streets and lanes of Aix-en-Provence as we learn about the stories behind the city's famous fountains, including the hot springs discovered by the ancient Romans and the fountains that grace the squares and private mansions. Visit Lourmarin Castle, Provence's first Renaissance castle that operates now like a mini Villa Medici, and Silvacane Abbey, one of the Cistercian monasteries of Provence. **COST: Included**

CULINARY TRACK

Discover the region's bounty of delicious meats, pâtés, cheeses, olive oils, and fruits and vegetables on a food shopping excursion to local stores and a farmers market. Later, learn the fundamentals of French and Provençal cuisine through two hands-on cooking lessons at a local cooking school in town. Find out firsthand what Julia Child was making such a fuss about all those many years ago! **COST: \$545**

ACTIVE TRACK

Travel by public bus to several nearby villages for our hikes. Three guided excursions are offered, each led by a qualified hiking guide who will talk about the landscape, flora and fauna, truffles and more. Hiking highlights include the hilltop villages of Cucuron and Vaugines; Mont Sainte-Victoire best known as a repeated motif in the work of Cézanne (we'll visit some of his favorite painting sites); and the town of Vauvenargues, where Picasso is buried. **COST: \$575**



PONT SAINT-BÉNÉZET, AVIGNON

Aparthotel Adagio

The comfortable Aparthotel Adagio is located on a peaceful side street in the center of Aix-en-Provence. Groceries, bakeries, a pharmacy and other conveniences are available just around the corner. The well-equipped apartments feature a small kitchen area with a dishwasher, basic utensils and cleaning supplies, a microwave and a small cooktop. Bathrooms are stocked with a hairdryer, an iron and an ironing board and have a shower or a bath. Satellite TV and broadband internet access are provided in each apartment to help you stay connected. Weekly housekeeping is included, and on-site, self-service laundry is available for a fee. There is also a 24-hour reception desk for questions big and small. Studio and one-bedroom apartments have been reserved for our group; studio apartments are approximately 300 square feet, and one-bedroom apartments are approximately 375 square feet.

Program Cost*

Studio, double	\$10,995
Studio, single**	\$13,495
One-bedroom, double	\$11,595
One-bedroom, single**	\$13,995

*Stanford Alumni Association nonmembers add \$300 per person.

**Single accommodations may be limited to 10 apartments.



ONE-BEDROOM



ONE-BEDROOM



STUDIO



DATES

May 27 to June 24, 2021 (29 days)

SIZE

Limited to 36 participants with a minimum of 15 participants required to operate the program (single accommodations are limited—please call for availability).

INCLUDED

28-night stay at the Aparthotel Adagio in Aix-en-Provence ▪ 3 breakfasts, 7 lunches and 8 dinners ▪ Welcome and farewell cocktail receptions ▪ Gratuities to guides and drivers for all group activities ▪ Classes in the Language Track ▪ Excursions in the Art and Culture Track ▪ Group excursions to L'Isle-sur-la-Sorgue and Luberon, Avignon and Pont du Gard, Arles, Atelier Cézanne and Marseille ▪ Transfers and baggage handling on program arrival and departure days ▪ Minimal medical, accident and evacuation insurance ▪ Educational program with lecture series and predeparture materials, including a recommended reading list and travel information ▪ Services of our professional tour manager to assist you throughout the program

NOT INCLUDED

International and U.S. domestic airfare ▪ Passport and visa fees ▪ Immunization costs ▪ Meals and beverages other than those specified as included ▪ Independent and private transfers ▪ Trip-cancellation/interruption and baggage insurance ▪ Excess-baggage charges ▪ Personal items such as groceries, telephone calls, laundry and gratuities for nongroup services ▪ Classes and excursions in the Culinary Track ▪ Excursions in the Active Track

AIR ARRANGEMENTS

You are responsible for booking and purchasing airfare to the start location and from the end location of the program. These air purchases are NOT included in the program cost. To assist you in making these independent arrangements, we will send you details with your confirmation materials on when to arrive and depart.

WHAT TO EXPECT

We consider this to be a mildly active program. French lessons are held four days a week at a location about a five-minute walk from our apartment/hotel, and the lectures by our Stanford faculty leader will be held at a location that is a 15- to 20-minute walk from our apartment/hotel. Group excursions may involve one to two miles of walking during city tours and may require extended periods of standing in museums, in churches and at other sites. Participants will encounter uneven terrain at various times, including some dirt paths and cobblestone streets and sidewalks. The classes and activities included in each of the four tracks being offered and the various planned group excursions will be balanced by free time for travelers to explore, shop, relax and otherwise enjoy being temporary residents of Provence. Tour staff will be available throughout the program, but the program is intentionally not fully scheduled and travelers should feel comfortable with a certain level of independence and be eager to explore on their own. Limited meals are included; as part of the experience, we expect travelers will enjoy shopping for and cooking their own meals in their apartment's kitchenette as well as dining out independently at local restaurants and cafés. Participants must be physically fit, active and in good health.

Deposit & Final Payment

A \$1,000-per-person deposit is required to reserve space. Sign up online at alumni.stanford.edu/trip?provence2021 or call the Travel/Study office at (650) 725-1093. Final payment is due 90 days prior to departure.

Cancellations & Refunds

Deposits and any payments are fully refundable until 90 days prior to departure. After that date, refunds can be made only if the program is sold out and your place(s) is resold, in which case a \$1,000-per-person cancellation fee will apply.

Insurance

Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional trip-cancellation and baggage insurance. Information offering such insurance will be mailed with your confirmation materials. The product offered includes special benefits if you postmark your insurance payment within 14 days of the date your welcome was sent.

Eligibility

We encourage membership in the Stanford Alumni Association as the program cost for nonmembers is \$300 more than the members' price. A person traveling as a paid guest of a current member will not be charged the nonmember fee. To purchase a membership, visit alumni.stanford.edu/goto/membership or call (650) 725-0692.

Responsibility

The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motor coach, launch or any other conveyance used in carrying out this program or for the acts

or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, *force majeure* or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates provide arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. We reserve the right to cancel any program prior to departure, in which case the entire payment will be refunded without further obligation on our part. We also reserve the right to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner's risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time that passengers are not on board their plane or conveyance. Neither the Stanford Alumni Association, nor Stanford University nor our operators accept liability for any carrier's cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect in February 2021 and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges. As a condition of participation, all confirmed participants are required to sign an Assumption of Risk.

Travel & COVID-19

With travel requirements and local COVID-19 conditions changing weekly, travel protocols for specific destinations will be shared with confirmed travelers closer to departure. To read more about Travel/Study's approach to ensuring traveler health and safety, visit <https://alumni.stanford.edu/get/page/covidtravel>.

TELEPHONE (650) 725-1093

EMAIL travelstudy@alumni.stanford.edu

California Seller of Travel Program Registration #2048 523-50

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alumni.stanford.edu/goto/travelstudy



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"I always wanted to live in France long enough to be familiar with its culture, history and people. Well, this sabbatical accomplished my objectives and exceeded my expectations. The lectures, travels to surrounding towns and places, wine classes, cooking classes and various tours of Aix were all wonderful and taught me more than I could ever learn on my own."

PHILIP LAIRD, '70, AIX-EN-PROVENCE SUMMER SABBATICAL, 2019

S T A N F O R D T R A V E L / S T U D Y

