

# Stanford **TRAVEL/STUDY**

## **UTAH'S MIGHTY FIVE**

**October 6 to 13, 2021**

Explore Utah's national parks, learning of the fierce and relentless forces of nature that have carved the region's dramatic domes, bridges, canyons and cliffs, accompanied by faculty leader Tim Duane. Significant historical and cultural sites are scattered throughout the beautiful landscape, waiting to be explored. From slot canyons and hoodoos to sandstone and Native American rock art, each park has its own unique features. Not only will you visit five national parks but you will witness the most beautiful, fascinating and diverse topography in the world: Zion, Bryce Canyon, Capitol Reef, Canyonlands and Arches National Parks, all on the Colorado Plateau. Each day offers hiking opportunities, incredible scenic views and cultural and historical sites, giving you a chance to experience the best that Southern Utah has to offer.

## **FACULTY LEADER**

### **Tim Duane**

Tim Duane is a professor emeritus of environmental studies at UC Santa Cruz. He is also an attorney with four decades of professional experience in the fields of natural resources, energy, climate, land use, water, and environmental policy, planning and law. He is a leading expert on issues of public land and resource management throughout the western United States and served on the California Spotted Owl Federal Advisory Committee and the Sierra Nevada Ecosystem Project in the 1990s. On this trip, Professor Duane's lectures will cover the structure of public lands and national parks in the States, the conflict over Utah's Grand Staircase-Escalante and Bears Ears National Monuments, and the impact of climate change on the spectacular public lands and natural resources we will see during our journey through red rock country.

- Professor in residence, since 2018, and visiting professor, 2013–2018, University of San Diego School of Law
- Professor emeritus, environmental studies, UC Santa Cruz, 2009–2018
- Associate professor, environmental planning and policy, UC Berkeley, 1991–2009
- Visiting professor: Seattle University School of Law, 2012; and Vermont Law School, 2008–2012
- Author, *Shaping the Sierra: Nature, Culture, and Conflict in the Changing West* (University of California Press, 2000)
- BA 1982, human biology, MS 1983 and PhD 1989, civil engineering—all Stanford University
- JD 2006, environmental law, UC Berkeley

## ITINERARY

We consider this program to be mildly strenuous to strenuous, with a focus on being active and outdoors. On most days we offer two different hiking options, which vary in length, elevation gain and duration. All our hikes are led by experienced guides. To participate fully in this active program, you need to be physically fit, agile, in good health, able to take steps without assistance and accustomed to moderate to strenuous exercise.

Wednesday, October 6

### **Las Vegas, Nevada / Zion National Park, Utah**

Fly to Las Vegas, transfer to Zion National Park and check in to our hotel, set amid Zion's majestic cliffs at the edge of the Virgin River. Relax at the inn or walk to the nearby Zion Canyon Visitor Center, crossing a bridge over the river en route. Tonight gather with fellow travelers for a welcome reception and private dinner at a popular local restaurant. CLIFFROSE LODGE (D)

Thursday, October 7

### **Zion National Park / Tropic**

More than 240 million years of sedimentation, uplift and erosion have carved out the extraordinary canyon known as Zion National Park. Let the visual spectacle—the distinctive pink-and-orange canyon walls, the hillsides dotted with green desert brush, the ponderosa pines—awe you. Rise early and hike in the long shadows as we ascend to the Lower and Middle Emerald Pools. Afterward journey to Scout Lookout for a picnic lunch while relishing the canyon's breathtaking scenery. After our day at Zion, travel by motor coach to the small town of Tropic, the gateway to Bryce Canyon National Park, arriving in the evening. BRYCE CANYON INN (B,L,D)

Friday, October 8

### **Bryce Canyon National Park / Grand Staircase-Escalante National Monument**

Our morning begins at the rim of Bryce Canyon, gazing out over the iconic orange pillars. We hike the Fairyland Loop, along a trail of wildflowers and hoodoos (rock formations) that opens onto an expansive horizon; join a four-, a six- or an eight-mile hike and stop at the striking Tower Bridge along the way. From Bryce, drive to the Grand Staircase-Escalante National Monument. At more than one million acres, it's one of America's largest national monuments. Take in sweeping vistas of the monument's rugged landscape, a geologist's paradise with its graduated "staircase" sandstone cliffs, fossil-rich plateau and narrow, twisting slot canyons. Arrive at the stunning Red River Ranch where you'll spend the next two nights immersed in Old West charm, with bison right outside your window. RED RIVER RANCH (B,L,D)

Saturday, October 9

**Capitol Reef National Park**

Today journey into Capitol Reef National Park, a 242,000-acre, red rock wonderland of cliffs, canyons, domes and natural bridges known for its brilliant colors and magnificent landscape. The park's Waterpocket Fold, which we explore through three short hikes, is an exposed wrinkle in the Earth's crust that was created 65 million years ago. First set off on a 2-mile hike to Hickman Bridge, a 133-foot natural bridge arch. Continue to the Grand Wash, a 2.5-mile hike that takes us along one of the six drainage points that slices through the Waterpocket Fold. The vertical canyon walls tower above the trail below as the Navajo Sandstone passage narrows to a 16-foot gap for a half-mile. Finally hike 2 miles along the Capitol Gorge Trail to the Pioneer Register, rock faces where intrepid pioneers carved their names while traveling the highway of the Waterpocket in the 1800s. After a break to clean up, gather for a picnic dinner and talk in the Fruita Historic District. RED RIVER RANCH (B,L,D)

Sunday, October 10

**Little Wild Horse Canyon / Goblin Valley State Park / Moab**

This morning drive by motor coach to the massive dome-shaped anticline of sandstone, shale and limestone called San Rafael Swell for a hike in the swell's most popular and colorful slot canyon, Little Wild Horse. Head to Goblin Valley State Park for a picnic lunch and be astounded by a whimsical landscape littered with thousands of hoodoos that resemble goblins. Delight in a high desert sunset on our way to Moab, where we spend the next three nights. HOODOO MOAB (B,L,D)

Monday, October 11

**Moab / Canyonlands National Park**

Today visit Newspaper Rock State Historical Monument, then proceed to Canyonlands National Park for a hike. Depending on our route, we may hike up to 6.5 miles, and stops along the way may include ancestral Puebloan rock art, archaeological remains of granaries and dwellings, or dinosaur tracks. Afterward stroll around the town of Moab and enjoy a leisurely dinner on your own, choosing from many delightful eateries. HOODOO MOAB (B,L)

Tuesday, October 12

**Arches National Park / Moab**

A high point of our adventure is Arches National Park, home to the world's largest concentration of natural stone arches (more than 2,000!) and hundreds of towering pinnacles, massive sandstone fins and gravity-defying stacked rocks. Rise early to beat the crowds into the park and be the first to hike unperturbed on the Devils Garden Loop Trail, which features six named arches, including Landscape, one of the world's longest natural arches. This evening we enjoy our farewell dinner at the historic Sunset Grill, former home of the "Uranium King," Charlie Steen, who built his hilltop mansion after hitting it big discovering uranium in 1952. HOODOO MOAB (B,L,D)

Wednesday, October 13

**Moab / Dead Horse Point State Park / Salt Lake City / Home**

After a sunrise breakfast, depart Moab and travel to Dead Horse Point State Park to view one of the most famous and dramatic bends of the Colorado River, a sharp U-turn surrounded by towering canyon walls. Gaze out at the immense mesas, buttes, sandstone fins, spires and canyons carved by the Colorado River, the Green River and their tributaries. Savor lunch at Ray's Tavern, a local favorite of river runners since 1943, on our scenic drive to the airport at Salt Lake City for flights home. (B,L)

**INFORMATION**

**Covid-19 and Travel**

With travel requirements and local Covid-19 conditions changing weekly, travel protocols for specific destinations will be shared with confirmed travelers closer to departure. To read more about Travel/Study's approach to ensuring traveler health and safety, visit our [Covid-19 Travel page](#).

**Size**

This trip requires a minimum of 10 participants and is limited to 24. Travel/Study is committed to providing a low-density experience on all programs and will implement protocols to do so, including social distancing on transportation as well as during lectures, meals and excursions. Single accommodations are limited—please call for availability.

**Cost\***

\$7,695 per person, double occupancy

\$9,495 per person, single occupancy

\*Stanford Alumni Association nonmembers add \$300 per person.

**Included**

- 7 nights of deluxe hotel accommodations
- 7 breakfasts, 7 lunches and 6 dinners
- Welcome and farewell receptions
- Gratuities to guides and drivers for all group activities
- All tours and excursions as described in the itinerary
- Transfers and baggage handling on program arrival and departure days
- On-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage
- General medical, accident and evacuation insurance
- Educational program with lecture series and predeparture materials, including an education resource list and travel information
- Services of our professional tour manager to assist you throughout the program

### **Not Included**

- Your personal flights to and from the program
- Passport and visa fees (if applicable)
- Immunization costs
- Meals and beverages other than those specified as included
- Independent and private transfers
- Nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage
- Baggage insurance
- Excess-baggage charges
- Personal items such as internet access, telephone calls, laundry and gratuities for nongroup services

### **Air Arrangements**

You are responsible for booking and purchasing airfare to the start location and from the end location of the program. These air purchases are NOT included in the program cost. To assist you in making these independent arrangements, we will send you details with your confirmation materials on when to arrive and depart.

### **What to Expect**

We consider this program to be mildly strenuous to strenuous. To participate fully in this active program, you need to be physically fit, agile, in good health, able to take steps without assistance and accustomed to moderate to strenuous exercise. Travelers must consider their health and capacity to exert themselves. Daily hikes involve traversing rocky and sandy terrain. Travelers must be able to carry a backpack that contains food and 64 ounces of water. Handrails are not available on any of our hikes. Most days require early-morning starts. We often have a full schedule of hikes, lectures and special events. In order to visit all five national parks, our journey requires several hours of travel by motor coach, the longest drive taking up to four hours. We welcome travelers 15 years of age and older on this program.

### **Hike Options**

To help you fully enjoy this remarkable region of Utah, we offer two different hiking options on most days, and they vary in length, elevation gain and duration. All our hikes are led by experienced guides. We consider Option A hikes to be mildly strenuous to strenuous, involving one to three hours of physical activity, four miles of hiking and up to 900 feet in elevation gain. We consider Option AA hikes to be strenuous, involving four to five hours of physical activity, eight miles of hiking and an elevation gain of up to 2,200 feet. Trip staff will review each day's hiking options with participants in detail ahead of time.

## TERMS AND CONDITIONS

### Deposit, Payments and Cancellations

A \$1,000-per-person deposit is required to reserve space on this program. Final payment is due 90 days prior to program start. Deposits and any payments are fully refundable until 90 days prior to program start. After that date, refunds can be made only if the program is sold out and your place(s) is resold, in which case a \$1,000-per-person cancellation fee will apply.

### Insurance

Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage, as well as on-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage, under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage and/or baggage insurance. Information offering such insurance will be included in your confirmation materials. The product offered includes special benefits if you purchase your insurance within 14 days of receiving your welcome email.

### Eligibility

We encourage membership in the Stanford Alumni Association as the program cost for nonmembers is \$300 more than the members' price. A person traveling as a guest paid for by a current member will not be charged the nonmember fee. To purchase a membership, call (650) 725-0692 or visit [alumni.stanford.edu/goto/membership](http://alumni.stanford.edu/goto/membership).

### Responsibility

The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motor coach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger, as tour rates include arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. We reserve the right to cancel any program prior to departure, in which case the entire payment will be refunded without further obligation on our part. We also reserve the right to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner's risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time passengers are not on board their plane or conveyance.

UTAH'S MIGHTY FIVE  
October 6 to 13, 2021

Neither the Stanford Alumni Association, nor Stanford University nor our operators accept liability for any carrier's cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect at the time the brochure is published and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges. As a condition of participation, all confirmed participants are required to sign an Assumption of Risk.

California Seller of Travel Program Registration #2048 523-50