

# Stanford **TRAVEL/STUDY**

## **Atlantic Coast of Europe**

### **VOYAGE FROM BILBAO TO NORMANDY**

**May 23 to June 4, 2022**

Spend two nights in San Sebastian, Spain, before boarding the brand-new three-masted *Sea Cloud Spirit* for a cruise along the coasts of France and Spain with history professor Carolyn Lougee, ending with two nights in glorious Paris. Stop in eight coastal cities and ponder the role these ports have played in European history and development, starting with the seafaring adventures of the early Basque sailors, moving to the Age of Exploration and finishing with the epic naval battles of World War II. Along the way savor the food and wine of each region, with two dinners in Michelin-starred restaurants, lunch in a historic French château, and cheese, chocolate and tapas tastings. A highlight of our voyage is our visit to Frank Gehry's iconic Guggenheim Museum in Bilbao, where we take in a world-class collection of postwar and contemporary art in a setting that is a masterpiece in itself.

## **FACULTY LEADER**

### **Carolyn Lougee**

Carolyn Lougee has been teaching history at Stanford since 1973. She has been the faculty leader on some 30 Travel/Study trips, and the roster of trips she has led reflects this breadth, encompassing most of the countries of Western Europe by sea and by land. Her academic specialty is early modern French history. It was during this period that the Atlantic seaboard, along which we will be sailing, was the source of France's economic power, overseas exploration and colonial expansion across the globe. The seaboard was also the part of the kingdom that presented the most serious challenges to religious and political policies formulated inland (in Paris and Versailles). Professor Lougee's lectures will use art and literature to explain how experiences along the seaboard have continued to shape French culture up to the present.

- Frances and Charles Field Professor in History, Emerita
- Formerly: chair, History Department, 1998–2005; dean, Undergraduate Studies, 1982–1987; senior associate dean, Humanities and Sciences, 1989–1992; director, Program in Structured Liberal Education
- Recipient of the Lloyd W. Dinkelspiel Award for Distinguished Service to Undergraduate Education, the Dean's Award for Distinguished Teaching, and the Cox Medal, Stanford University
- Bass Fellow in Undergraduate Education, Stanford University
- BA, History 1963, Smith College
- PhD, History, 1972, University of Michigan

## **ITINERARY**

Monday, May 23

### **San Sebastián, Spain**

Arrive in San Sebastián aboard independent flights and transfer to our hotel. HOTEL MARIA CRISTINA

Tuesday, May 24

**San Sebastián**

Gather this morning for a welcome orientation and lecture. Join a walking tour of the Basque town of San Sebastián (“Donostia” in the Basque language), known for its sophisticated culinary scene and named a European Capital of Culture in 2016. Venture to the city’s historic center and learn about Basque culinary traditions during a private *pintxos* (tapas) demonstration and tasting with a local chef. This evening savor outstanding cuisine paired with local wines during a gourmet dinner at a Michelin-starred restaurant. HOTEL MARIA CRISTINA (B,L,D)

Wednesday, May 25

**Bilbao / Embark *Sea Cloud Spirit***

In the morning transfer to Bilbao, the hub of Spain’s Basque Country. In the past several decades, Bilbao has undertaken a vigorous social, economic and aesthetic revitalization process, spurred by the opening of the Guggenheim Bilbao Museum in 1997. Designed by award-winning architect Frank Gehry, this icon of 20th-century architecture contains a collection of some of the most intriguing artworks of our age. After a guided exploration of the museum and its collections, enjoy lunch in the Old Quarter, then transfer to Bilbao port and embark our luxurious three-masted sailing ship this afternoon. Dine on board as the ship departs from Bilbao this evening. *SEA CLOUD SPIRIT* (B,L,D)

Thursday, May 26

**At Sea**

Delight in a full day at sea and the continuation of our educational program as the *Sea Cloud Spirit* cruises along the coast of France. Weather permitting, watch as skilled crew members climb the masts to dizzying heights and step nimbly along the rigging to hand-set more than 44,000 square feet of canvas, using techniques that have remained unchanged for 500 years. *SEA CLOUD SPIRIT* (B,L,D)

Friday, May 27

**Île de Ré / La Rochelle**

This morning, from the port of La Pallice, journey to the enchanting Île de Ré, with its small fishing ports, historic lighthouses, and idyllic views of windmills, sand beaches and salt pans. Return to our ship for lunch on board, then spend time in La Rochelle, with a specially arranged private showing at the Museum of the New World in La Rochelle, housed inside an 18th-century ship owner’s mansion. The major seaport of La Rochelle was the historic base of the Knights Templar and later the Huguenots, and since the 16th century, it was one of the main ports of commerce and emigration to the New World. Displays shed light on the region’s long relationship with the Americas. *SEA CLOUD SPIRIT* (B,L,D)

Saturday, May 28

**Belle Île**

Experience a relaxing morning on the water, with the opportunity for sailing, weather permitting. In the afternoon anchor off the idyllic Belle Île and take tenders ashore for a walking tour of the island’s capital, Le Palais, with its citadel and harborside cafés. *SEA CLOUD SPIRIT* (B,L,D)

Sunday, May 29

**Lorient**

Arrive in Lorient, on the northwestern coast of France in the Brittany region. Visit the Keroman Submarine Base, where German Grand Admiral Karl Dönitz had enormous concrete structures built to shelter part of the German submarine fleet during World War II, with a total of 30 submarines in three

separate bunkers. These bunkers were so effective at protecting the U-boat fleet that Allied forces resorted to bombing Lorient itself to cut off the supply lines to the base, destroying almost 90 percent of the city in the process. Proceed to the nearby village of Carnac and marvel at the extraordinarily dense distribution of 6,000-year-old megalithic sites known as the Carnac stones. Head back to Lorient and set sail in the midafternoon. *SEA CLOUD SPIRIT* (B,L,D)

Monday, May 30

**At Sea**

Spend a full day at sea, enjoying the amenities of our fine ship and the continuation of our educational program, with the opportunity for sailing, weather permitting. *SEA CLOUD SPIRIT* (B,L,D)

Tuesday, May 31

**Saint-Malo / Mont-Saint-Michel**

Disembark at the walled port city of Saint-Malo for a morning walking tour of this onetime haven for pirates. Return to our ship for lunch before setting out for an afternoon at the abbey of Mont-Saint-Michel, perched atop a beautiful tidal island in Normandy that, along with its bay, has been designated a UNESCO World Heritage site. Access to the island from the mainland has changed over the centuries; its most recent connection is a bridge opened in 2014 that is available only to pedestrians, horse-drawn carriages and local shuttle buses. As the sun sets, sample Breton crêpes and calvados at a restaurant with panoramic vistas of the island. *SEA CLOUD SPIRIT* (B,L,D)

Wednesday, June 1

**Cherbourg**

After a morning of cruising, dock early this afternoon in Cherbourg. Learn about the air and sea fronts of the Allied invasion of Normandy in June 1944 at the Airborne Museum in Sainte-Mère-Église, the first town to be liberated by American paratrooper divisions; and Utah Beach, whose vivid displays at its Landing Museum in Sainte-Marie du Mont immerse visitors in the story of D-Day. *SEA CLOUD SPIRIT* (B,L,D)

Thursday, June 2

**Honfleur / Disembark / Paris**

Disembark *Sea Cloud Spirit* this morning in Honfleur for a brief walking tour of this charismatic coastal port, followed by a three-hour drive to Paris. On arrival indulge in a gourmet tasting of French cheeses, along with a delicious lunch. Then be treated to two private art collection viewings and check in to our impeccable hotel. The evening is at leisure, with dinner on your own. HÔTEL DU LOUVRE (B,L)

Friday, June 3

**Paris**

Enjoy a morning at leisure in Paris, with lunch on your own. Gather this afternoon for a farewell wine reception and a splendid private dinner. HÔTEL DU LOUVRE (B,D)

Saturday, June 4

**Paris / Home**

Transfer independently to the airport for flights home. (B)

## INFORMATION

### Covid-19 and Travel

Due to the fluid nature of travel requirements and local Covid-19 conditions, travel protocols for our program will be shared closer to departure. To read more about Travel/Study's general approach to ensuring traveler health and safety, visit our [Covid-19 Travel page](#).

### Size

This trip is limited to 40 participants. Single accommodations are limited.

### About the *Sea Cloud Spirit*

The brand-new three-masted *Sea Cloud Spirit* is a perfect marriage of the romantic windjammer elegance of a bygone era and the highest modern standards of luxury, with deluxe amenities, five-star dining and world-class service. Distinguishing features of Sea Cloud Cruises' newest ship are balconies in more than one-third of the 69 standard cabins plus an additional seven cabins with panoramic windows that can be opened; a Steinway grand piano in the lounge; a generous wellness and spa area with Finnish sauna, a steam bath, treatment rooms and a hairdressing salon; a fitness area with sea views as well as ample open spaces on deck; and an elevator for all decks. In addition to the fine-dining menu in the restaurant, featuring 180-degree panoramic views, there is also the Lido Deck, where you can dine at your preferred time and enjoy a flexible bistro menu selection. In the grand tradition of the world's finest sailing vessels, guests experience this marvelous ship under sail (weather permitting), as the skilled crew hand-sets more than 44,000 square feet of canvas. Two environmentally friendly diesel-electric engines reliably keep the *Sea Cloud Spirit* on course.



**Cost\***

Rates are per person, based on double or single occupancy, as specified below.

Category	Description	Double Rate	Single Rate
E	Superior Cabins with porthole windows, queen bed and shower; 183–205 sq. ft.	\$13,795	\$19,145
D	Deluxe Cabins with porthole windows, queen bed and shower; 194–237 sq. ft.	\$15,295	\$21,595
C	Deluxe Lido Deck Cabins with panorama windows that you can open, queen bed and shower; 178–199 sq. ft.	\$16,795	—
B	Junior Balcony Suites with queen bed or two single beds, walk-in closet and bathtub; 215–248 sq. ft., plus private 65-sq.-ft. balcony	\$18,795	—
A	Owner’s Balcony Suites with king bed or two single beds, walk-in closet, bathtub and separate WC room; 312-334 sq. ft., plus private 86-sq.-ft. balcony	\$20,795	—

Note: Cabins in categories A and B are equipped with two mattresses that can be configured as either one or two beds. Queen beds in categories C, D and E comprise two mattresses, fixed side by side. Mattress sizes are 35 inches by 79 inches in categories B–E and 37.5 inches by 79 inches in category A.

\*Stanford Alumni Association nonmembers add \$300 per person.

**Included**

- Educational program with lecture series and predeparture materials, including an education resource list and travel information
- Services of our professional tour manager to assist you throughout the program
- All tours and excursions as described in the itinerary
- Gratuities to guides, drivers and ship crew for all group activities
- 4 nights of deluxe hotel accommodations
- 8-night cruise aboard the *Sea Cloud Spirit*
- Port fees and embarkation taxes
- 12 breakfasts, 10 lunches and 10 dinners
- Welcome and farewell receptions on board *Sea Cloud Spirit* and a farewell reception in Paris
- Transfers and baggage handling on program arrival and departure days
- On-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage
- General medical, accident and evacuation insurance

**Not Included**

- Your personal flights to and from the program
- Passport and visa fees
- Immunization costs
- Meals and beverages other than those specified as included
- Independent and private transfers
- Nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage
- Baggage insurance
- Excess-baggage charges

- Personal items such as internet access, telephone calls, laundry and gratuities for nongroup services

### **Air Arrangements**

You are responsible for booking and purchasing airfare to the start location and from the end location of the program. These air purchases are NOT included in the program cost. To assist you in making these independent arrangements, we will send you details with your confirmation materials on when to arrive and depart.

### **What to Expect**

We consider this program to be moderately active. Most of our touring is done by motor coach and boat. Some excursions involve short walks. Travelers will have ample opportunity to take in the beautiful scenery from the comfort of our ship. Daily excursions involve one to three miles of walking with tours as long as three hours that might include stairs without handrails, high thresholds and uneven terrain such as cobblestone paths and beaches. Seas can be choppy. Participants should feel comfortable walking on a rocking ship and able to climb in and out of tenders for a shore excursion. Our journey at times requires several hours of motor coach travel, the longest drive being three hours between Honfleur and Paris. Participants must be physically fit, active and in good health. We welcome travelers 15 years of age and older on this program.

## **TERMS AND CONDITIONS**

### **Eligibility**

We encourage membership in the Stanford Alumni Association as the program cost for nonmembers is \$300 more than the members' price. The nonmember fee is waived for anyone traveling as a paid guest of a current member, as well as for emerita or emeritus faculty and staff. To purchase a membership, call (650) 725-0692 or visit <http://alumni.stanford.edu/goto/membership>.

### **Deposits, Payments and Cancellations**

A \$1,000-per-person deposit is required to reserve space on this program. Final payment is due 120 days prior to program start. Deposits and any payments are refundable, less a \$500-per-person cancellation fee, until 120 days prior to program start. After that date, refunds can be made only if the program is sold out and we resell your place(s), in which case a \$1,000-per-person cancellation fee will apply.

### **Insurance**

Stanford Travel/Study provides all travelers who are U.S. or Canadian residents with general medical, accident and evacuation coverage, as well as on-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage, under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage and/or baggage insurance. Information offering such insurance will be included in your confirmation materials. The product offered includes special benefits if you purchase your insurance within 14 days of receiving your welcome email.

### **Responsibility**

The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and ship arrangements and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motor coach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger, as tour rates include arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. We reserve the right to cancel any program prior to departure, in which case the entire payment will be refunded without further obligation on our part. We also reserve the right to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner's risk entirely. It is understood that the ship's ticket, when issued, shall constitute the sole contract between the passenger and the cruise company. The airlines concerned are not to be held responsible for any act, omission or event during the time passengers are not on board their plane or conveyance. Neither the Stanford Alumni Association, nor Stanford University, nor our operators accept liability for any carrier's cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect at the time the brochure is published and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges. As a condition of participation, all confirmed participants are required to sign an Assumption of Risk.

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