

# Stanford **TRAVEL/STUDY**

## **England Coast to Coast Hike July 8 to 15, 2022**

Strung across northern England from the Irish Sea to the North Sea are three remarkable national parks, and our ambitious hike traverses all three: the Lake District, the Yorkshire Dales and the North York Moors. In 1971 the great walker and author Alfred Wainwright created a 180-mile-long hike across these landscapes. We'll take in half of his twelve stages, combining the breathtaking scenery of the Lake District, the grandeur of the Dales and the rugged wilderness and coastal splendor of North Yorkshire. Along the way we'll enjoy daily picnic lunches, the comforts of country hotels and inns and the company of Anglophile and comparative literature professor Linda Paulson. She has specialist knowledge of the great literary figures of northern England, including the Lakeland poets and the Brontë sisters, and will offer valuable educational insights along the way. Join us on the trail!

### **FACULTY LEADER**

#### **Dr. Linda Paulson**

Dr. Linda Paulson discovered Europe as a teenager, traveling with family and visiting friends, and has tried to spend a part of every year there ever since. She majored in English, French and art history as an undergraduate and taught at an international orphanage in Switzerland after graduation. She returned to the United States and earned her PhD in comparative literature at UCLA, specializing in 19th-century British, French and German literature, particularly the novel. Since coming to Stanford in 1985, she has shared her love of theater with thousands of undergraduates, some of whom are included on the trips she takes several times a year to the Oregon Shakespeare Festival. "Comparative literature," says Linda, "tempts me to range across disciplines and to study history, art, theater and music, along with literature—a constant challenge and delight."

While in graduate school, she began spending summers in the United Kingdom and continues to explore Great Britain whenever her schedule allows. She regularly retraces the footsteps of Charles Dickens, Jane Austen and the Brontë sisters, as well as the locales of the historical novels of Sir Walter Scott and Robert Louis Stevenson and the travels of Samuel Johnson and his biographer James Boswell in Scotland. During our program, Linda will touch upon such topics as the Romantics—a revolution in literature, art and politics; Yorkshire in the literary imagination of the 19th century; and the December 1914 attack on Scarborough, Hartlepool and Whitby.

- Associate dean and director, Master of Liberal Arts program, Stanford University
- Lecturer, Stanford English department
- Resident fellow, Donner House, since 1986 to present
- Recipient, Stanford's Dinkelspiel Award for distinguished teaching and service to the University

## ITINERARY

FRIDAY, JULY 8

### **MANCHESTER, ENGLAND / KESWICK**

Arrive in Manchester and travel by road to our hotel near Keswick, in the heart of the Lake District National Park, where we spend the next two nights. Gather this evening for a welcome reception and dinner. BORROWDALE GATES HOTEL (D)

SATURDAY, JULY 9

### **LAKE DISTRICT NATIONAL PARK**

Drive to St Bees Head, where we start our hike with a short walk from the beach along the headland. From here continue by road to the edge of Ennerdale Water to enter the stunning natural beauty that is the high Lake District. Following small paths, we hike around the lake to lunch. From here we continue over a low ridge to Buttermere, one of Cumbria's most beautiful lakes, from where we return by road to our hotel. BORROWDALE GATES HOTEL (B,L,D)

SUNDAY, JULY 10

### **KESWICK / APPLEBY-IN-WESTMORLAND**

This morning depart from our hotel on a hike that takes us south past the mountain of High Raise and descends to Wordsworth country at Grasmere. Here, Dorothy and William Wordsworth made their home in Dove Cottage. Continue our route by vehicle, driving through the Lake District's beautiful Eastern Lakes region to our overnight stop near Appleby-in-Westmorland in the Eden Valley. BLACK SWAN HOTEL (B,L,D)

MONDAY, JULY 11

### **APPLEBY-IN-WESTMORLAND / YORKSHIRE DALES NATIONAL PARK / REETH**

We begin today in the county of Cumbria, in its easternmost town, Kirkby Stephen. Climb to the ridge of the Pennines in the Yorkshire Dales National Park as we cross the watershed of the "spine" of England. Leaving the marker stones of the Nine Standards, we hike down to the village of Keld, ending in the famous county of Yorkshire. From here we continue by road to our inn, situated at the eastern edge of the national park, near the small town of Reeth. CHARLES BATHURST INN (B,L,D)

TUESDAY, JULY 12

### **YORKSHIRE DALES NATIONAL PARK**

Return to Keld to hike up to a high-elevation route that crosses the wide-open grouse moors of the fells and leads down to the beautiful Swaledale valley and the little town of Reeth. Return by road to our inn on the moor. CHARLES BATHURST INN (B,L,D)

WEDNESDAY, JULY 13

### **REETH / NORTH YORK MOORS NATIONAL PARK / HELMSLEY**

Driving into the Cleveland Hills on the northwestern edge of the North York Moors National Park, we begin a full day's hike leading across the heights of the moors. The lauded British fellwalker and guidebook author Alfred Wainwright described this landscape as "heatherclad, unenclosed, uninhabited and remote from industry." This is wild and blustery scenery at its best. From Clay Bank continue by coach to the charming market town of Helmsley. BLACK SWAN HOTEL (B,L,D)

THURSDAY, JULY 14

### **WHITBY / ROBIN HOOD'S BAY**

Our final hike leads us to the edge of the North York Moors and the dramatic scenery of the North Sea shoreline below Whitby, home to the explorers Captain James Scott and the ill-fated Captain James Cook. It was also where the earliest known English poet, Caedmon, once dwelled. We then turn south along the coast to Robin Hood's Bay, where we pause for the ritual of dipping our boots in the waters of the North Sea to celebrate our trek all the way across northern England from the Irish Sea. Return to our hotel by coach to continue celebrating our accomplishment at our farewell reception and dinner. BLACK SWAN HOTEL (B,L,D)

FRIDAY, JULY 15

### **HELMSLEY / MANCHESTER**

This morning depart Helmsley for the two-and-a-half-hour drive to Manchester Airport for outbound flights. (B)

## **INFORMATION**

### **Hike Details**

This is a rigorous hiking trip that covers distances of up to 14 miles per day with elevation gains of up to 4,000 feet. Our daily hikes average five and a half hours, with a maximum duration of seven hours.

### **What to Expect**

We consider this hiking program to be very strenuous and physically demanding. This trip should be considered only by people for whom hiking in this wonderful scenery is the main goal. Participants must be active, regular hikers who are physically fit and in good health, and who are able to navigate routes that are often rugged, uneven and steep, with elevations reaching approximately 4,000 feet, without assistance. Trails are always very wet. Participants will need to carry a daypack with rain gear, extra layers, sunscreen and a water supply. "Nature" is often the only restroom facility available, and one must be comfortable using it and carrying out paper waste. We welcome travelers 15 years of age and older on this program.

### **Covid-19 and Travel**

With travel requirements and local Covid-19 conditions changing weekly, travel protocols for specific destinations will be shared with confirmed travelers closer to departure. To read more about Travel/Study's approach to ensuring traveler health and safety, visit our [Covid-19 Travel page](#).

### **Size**

This trip is limited to 24 participants. Travel/Study is committed to providing a low-density experience on all programs and will implement protocols to do so, including social distancing on transportation as well as during lectures, meals and excursions. Single accommodations are limited.

### **Cost\***

\$6,895 per person, double occupancy

\$7,995 per person, single occupancy

\*Stanford Alumni Association nonmembers add \$300 per person.

### **Included**

- Educational program with lecture series and predeparture materials, including an education resource list and travel information
- Services of our professional tour manager to assist you throughout the program
- All tours and excursions as described in the itinerary
- Gratuities to guides and drivers for all group activities
- 7 nights of best available hotel accommodations
- 7 breakfasts, 6 lunches and 7 dinners
- Welcome and farewell receptions
- Group transfer and baggage handling on program arrival and departure days
- On-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage
- General medical, accident and evacuation insurance

### **Not Included**

- Your personal flights to and from the program
- Passport and visa fees
- Immunization costs
- Meals and beverages other than those specified as included
- Independent and private transfers
- Nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage
- Baggage insurance
- Excess-baggage charges
- Personal items such as internet access, telephone calls, laundry and gratuities for nongroup services

### **Air Arrangements**

You are responsible for booking and purchasing airfare to the start location and from the end location of the program. These air purchases are NOT included in the program cost. To assist you in making these independent arrangements, we will send you details with your confirmation materials on when to arrive and depart.

## **TERMS AND CONDITIONS**

### **Eligibility**

We encourage membership in the Stanford Alumni Association as the program cost for nonmembers is \$300 more than the members' price. The nonmember fee is waived for anyone traveling as a paid guest of a current member, as well as for emerita or emeritus faculty and staff. To purchase a membership, call (650) 725-0692 or visit [alumni.stanford.edu/goto/membership](https://alumni.stanford.edu/goto/membership).

### **Deposits, Payments and Cancellations**

A \$1,000-per-person deposit is required to reserve space on this program. Final payment is due 120 days prior to program start. Deposits and any payments are refundable, less a \$500-per-person cancellation fee, until 120 days prior to program start. After that date, refunds can be made only if the program is sold out and we resell your place(s), in which case a \$1,000-per-person cancellation fee will apply.

**Insurance**

Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage, as well as on-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage, under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage and/or baggage insurance. Information offering such insurance will be included in your confirmation materials. The product offered includes special benefits if you purchase your insurance within 14 days of receiving your welcome email.

**Responsibility**

The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motor coach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, *force majeure* or other causes beyond our control. All such losses or expenses will have to be borne by the passenger, as tour rates include arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. We reserve the right to cancel any program prior to departure, in which case the entire payment will be refunded without further obligation on our part. We also reserve the right to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner's risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time passengers are not on board their plane or conveyance. Neither the Stanford Alumni Association, nor Stanford University, nor our operators accept liability for any carrier's cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect at the time the brochure is published and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges. As a condition of participation, all confirmed participants are required to sign an Assumption of Risk.

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