

Stanford **TRAVEL/STUDY**

Grand European Rail Journey August 23 to September 5, 2022

Travel by one of the most famous modes of European transportation through four countries and seven cities with professor emeritus Scott Pearson, delighting in each region's food, wine, art and architecture. Take in the postcard-perfect landscape of Montreux and dynamic Lausanne, both on the shores of sparkling Lake Geneva, then ride the Glacier Express through the Swiss Alps to the iconic resort town of St. Moritz. Afterwards, continue on to Lake Como, Italy, enjoying breathtaking vistas, and wander among the charming boutiques, winding alleys and lakeside restaurants of Bellagio. Next we spend three nights in London and then three more in Paris, exploring landmarks and off-the-beaten-path treasures. Throughout our journey we'll feast on the finest cuisine - from cheese and charcuterie in Paris, a wine tasting at the Lavaux vineyards in Switzerland and a cooking lesson in Italy.

FACULTY LEADER

Scott Pearson

Scott Pearson has studied economic change in developing countries for six decades and taught economic development and international trade at the Food Research Institute at Stanford for 34 years. He has coauthored a dozen books, won several awards for his research and teaching and advised governments on food and agricultural policy. Scott has worked and traveled extensively in Europe, Asia and Africa and has accompanied Travel/Study trips on all seven continents. During this program, Scott will lecture on the socioeconomic development of the United Kingdom, France, Switzerland and Italy, setting out major turning points during 2,500 years of European history and focusing especially on the vast influence of Napoleon Bonaparte: how Bonaparte gained control of France in 1799, how he created and then lost his empire in Europe in 1815 and what legacies emerged from his rule.

- Stanford professor of agricultural economics, 1968–2002
- Director, Food Research Institute, 1991–1996
- Dean's Award for Teaching in the School of Humanities and Sciences
- Regular adviser of governments in Asia, Africa and southern Europe on food and agricultural policy
- MA, international relations, Johns Hopkins University; PhD, economics, Harvard University

ITINERARY

Tuesday, August 23

LONDON, ENGLAND

Arrive at Heathrow Airport and transfer to our hotel in central London, overlooking the Thames, our home for the next three nights. Meet for a short orientation tour in the afternoon and gather this evening for a welcome reception and dinner. ROYAL HORSEGUARDS HOTEL (D)

Wednesday August 24

LONDON

This morning travel to London's Bankside neighborhood for a behind-the-scenes tour of Shakespeare's Globe, a faithful reproduction of the Bard's original theater. After lunch at a local pub, cross the River Thames and explore The City, the oldest part of London, with its myriad twisty alleyways. Visit St. Paul's Cathedral, architect Christopher Wren's best-known work, including the Crypt, where some of England's most illustrious heroes, poets and scientists lie, the Whispering Gallery and the cross-shaped dome, which offers fantastic panoramic views of London. A local speaker will enlighten us on how London inspired many of England's literary greats. Spend the rest of the afternoon and evening exploring London independently. ROYAL HORSEGUARDS HOTEL (B, L)

Thursday August 25

LONDON

After breakfast, head to Westminster, home to London's most iconic sites, for a walking tour through streets lined with beautiful Georgian homes. Visit Westminster Abbey, where kings and queens are crowned and royal weddings take place, and take in its astonishing architecture and important collection of medieval art. Break for lunch on our own before gathering again for a tour of Westminster Palace, better known as the Houses of Parliament, where we'll trace the Royal Processional Route taken by the Queen during the State Opening of Parliament, visit the lavish Lords Chamber and the Commons Chamber with its famous green benches. Afterward indulge in that most British tradition, afternoon tea, in one of the building's opulent rooms. Enjoy the rest of the day and dinner on our own. ROYAL HORSEGUARDS HOTEL (B)

Friday August 26

LONDON / PARIS, FRANCE

Depart from London today for our first of several storied European rail journeys. Embarking from the London St. Pancras station, take the premier-class Eurostar train through the famed Chunnel underneath the English Channel to Paris, arriving in under three hours. Transfer to our hotel and enjoy time at leisure for lunch. In the afternoon, listen to the second lecture from our faculty leader, then take a cruise on the river Seine through the heart of Paris. While gliding along the UNESCO World Heritage-listed banks of the Seine, you'll see legendary Paris attractions such as the Notre Dame Cathedral and Eiffel Tower and pass beneath elegant bridges like Pont Neuf. This evening is on our own. SOFITEL LE SCRIBE PARIS OPERA (B)

Saturday August 27

PARIS

Step into the world of French gastronomy in the neighborhood next to the Champs-de-Mars, the park that stretches from the foot of the Eiffel Tower. With an expert leading the way, discover several of the city's best artisan-made foods, from cheese to charcuterie. Make your own plans for the rest of the day—visit the Eiffel Tower, spend time at on one of the city's acclaimed museums or simply stroll along the Seine. Tonight, explore the lively streets of the St. Germain-des-Pres neighborhood and the Latin Quarter with a guide, ending up on a tiny street on the Right Bank that is home to three major jazz clubs. Our tour ends with dinner and a jazz concert. SOFITEL LE SCRIBE PARIS OPERA (B,D)

Sunday August 28

PARIS

Gather this morning to hear a local expert discuss the pivotal events and people that have shaped Paris from its roots to today. Afterward, join a private walking tour through the narrow streets of Le Marais, built when aristocrats in the Middle Ages transformed swampy farmland into an elegant neighborhood. Learn about the history of the district as you stroll by medieval houses and magnificent mansions. See the ruins of the medieval city wall, the Jewish quarter and the Place des Vosges, Paris' oldest square.

Lunch with the group, then enjoy the remainder of the afternoon at leisure.

SOFITEL LE SCRIBE PARIS OPERA (B, L)

Monday, August 29

PARIS / LAUSANNE, SWITZERLAND

Early this morning board the famed high-speed TGV Lyria, moving at speeds of up to 200 mph from Paris's Gare de Lyon station to Lausanne, on the banks of Lake Geneva. The trip, which takes nearly eight hours on standard trains, is completed in under four. We're there in time for lunch! This afternoon set out on a walk with a local expert to explore picturesque Lausanne, with its vine-laden slopes, views of Lake Léman and the Savoy Alps, and a bustling Old Town filled with cafés and quaint shops. ANGLETERRE & RÉSIDENCE (B, L)

Tuesday, August 30

LAUSANNE / MONTREUX / LAVAUX VINEYARDS

Today's excursion takes us to nearby Montreux, on the banks of Lake Geneva. Take a lake steamer to the Chateau de Chillon, memorialized in Lord Byron's epic story "The Prisoner of Chillon." Those who wish may walk back to town along the lakeshore, taking in the magnificent gardens, homes and hotels we pass along the way. Lunch is at leisure. This afternoon enjoy a tasting at the Lavaux vineyards, one of the largest wine-growing areas of Switzerland and a UNESCO World Heritage site. Enjoy dinner tonight at a local restaurant. ANGLETERRE & RÉSIDENCE (B,D)

Wednesday, August 31

LAUSANNE / GLACIER EXPRESS / ST. MORITZ

Today journey by coach to the town of Brig, where we board the iconic Glacier Express for one of the most scenic rail journeys in the world. This narrow-gauge train glides through the Swiss Alps and takes passengers across 291 bridges and through 91 tunnels. As spectacular Swiss mountain scenery unfolds outside the train's panoramic sightseeing windows, enjoy a typical Swiss lunch served at our seats. The train ends at the cosmopolitan Swiss village of St. Moritz, our home for the next two nights. Enjoy dinner as a group tonight. BADRUTT'S PALACE HOTEL (B,L,D)

Thursday, September 1

ST. MORITZ/ ROSEG GLACIER VALLEY

Start the day with a walking tour of this renowned Alpine resort, enjoying the lake and mountain views and stopping to meet some of the locals to get a glimpse of daily life. Afterward travel to the mountain village of Pontresina and enjoy a horse-drawn carriage ride through the Roseg Valley, stopping to dine on Alpine specialties and enjoy breathtaking views at a local restaurant. After a carriage ride or hike back to Pontresina, continue on to St. Moritz to spend the afternoon and evening on our own. BADRUTT'S PALACE HOTEL (B,L)

Friday, September 2

ST. MORITZ / LAKE COMO / BELLAGIO, ITALY / STRESA

This morning's journey by coach from St. Moritz into Italy takes us through the stunning Maloja Pass in the Alps with the route's dramatic hairpin turns and switchbacks. Enjoy views of sparkling glacial lakes, rivers and picture-perfect Swiss villages. Arrive in Tremezzo, Italy, on the shore of Lake Como, and take a boat to the famous village of Bellagio, where we have time to walk up and down the staircases of the town filled with colorful bougainvillea to see the many silk and souvenir shops. After lunch at leisure, travel by private boat, taking in views of grandiose villas and colorful villages along the shore, to the town of Como, at the southern tip of the lake. After disembarking, continue on a scenic drive to Stresa, nestled on the shores of Lake Maggiore. Check in to our hotel and enjoy dinner as a group. GRAND HOTEL DES ILES BORROMEES (B,D)

Saturday, September 3

STRESA / BORROMEAN ISLANDS

Today a local expert shares insights about Italy's beautiful Lake District, a haven of Alpine peaks, gardens and lakes. Afterward learn the secrets of traditional Italian cuisine during an interactive cooking lesson at a nearby restaurant, then sit down to a delicious lunch with fellow travelers. After lunch cruise Lake Maggiore aboard a private motorboat to Isola Madre, the largest of the three Borromeo Islands, and enjoy a guided visit of the island's extensive botanical gardens. The lush English-style gardens are filled with exotic flowers, rare plants and ancient trees, and we may spot the peacocks, parrots and pheasants that make the island their home. Return to the hotel for the rest of the afternoon at leisure or continue on your own to the other two islands. Embrace the rustic charm of the peaceful fishing village of Isola dei Pescatori or visit Isola Bella (the Beautiful Island), with its 17th-century baroque palace and hanging gardens. GRAND HOTEL DES ILES BORROMEES (B,L)

Sunday, September 4

STRESA / MILAN

Travel by road today to Milan, Italy's economic powerhouse and a center of superb architecture, splendid art and prestigious museums. See Leonardo da Vinci's magnificent *The Last Supper* in the beautiful Renaissance Church of Santa Maria delle Grazie, then visit the museum at the legendary La Scala, Italy's premier opera house. View the flamboyant 14th-century Duomo, a Gothic masterpiece defended by 2,244 marble saints and nearly 100 scowling gargoyles. If you wish to enter, you'll see Europe's largest sundial, a brass strip decorated with signs of the zodiac embedded in its floor and the treasury, which houses some of the Duomo's prized possessions. Spend time at leisure having lunch and getting to know cosmopolitan Milan. This evening Stanford participants gather for a special farewell reception followed by dinner together at a local restaurant. GRAND HOTEL DES ILES BORROMEES (B,D)

Monday, September 5

MILAN / HOME

After breakfast transfer to Milan Malpensa airport and board homeward flights. (B)

INFORMATION

Covid-19 and Travel

With travel requirements and local Covid-19 conditions changing weekly, travel protocols for specific destinations will be shared with confirmed travelers closer to departure. To read more about Travel/Study's approach to ensuring traveler health and safety, visit our [Covid-19 Travel page](#).

Size

This trip is limited to 28. Travel/Study is committed to providing a low-density experience on all programs and will implement protocols to do so, including social distancing on transportation as well as during lectures, meals and excursions. Single accommodations are limited.

Cost*

\$12,295 per person, double occupancy

\$15,895 per person, single occupancy

*Stanford Alumni Association nonmembers add \$300 per person.

Included

- Educational program with lecture series and predeparture materials, including an education resource list and travel information
- Services of our professional tour manager to assist you throughout the program
- All tours and excursions as described in the itinerary
- Gratuities to guides and drivers for all group activities
- 13 nights of deluxe hotel accommodations
- 13 breakfasts, 6 lunches and 6 dinners
- Welcome and farewell receptions
- Transfers and hotel baggage handling on program arrival and departure days
- On-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage
- General medical, accident and evacuation insurance

Not Included

- Your personal flights to and from the program
- Passport and visa fees
- Immunization costs
- Meals and beverages other than those specified as included
- Hotel housekeeping gratuities
- Independent and private transfers
- Nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage
- Baggage insurance
- Excess-baggage charges
- Personal items such as internet access, telephone calls, laundry and gratuities for nongroup services

Air Arrangements

You are responsible for booking and purchasing airfare to the start location and from the end location of the program. These air purchases are NOT included in the program cost. To assist you in making these independent arrangements, we will send you details with your confirmation materials on when to arrive and depart.

What to Expect

We consider this program to be moderately active. A variety of rail transportation methods will be used. This program operates within the constraints of the railway network; therefore, timing, routes and associated itineraries are subject to change. Participants will need to be able to embark and disembark from boats at Lake Geneva, Lake Como and Lake Maggiore. Daily activities involve two to three miles of walking, usually on uneven and occasionally steep terrain, and may include extended periods of standing in museums and historic buildings. At many of the historic sites and restaurants we visit, there are no elevators. Participants must be physically fit, active and in good health and be able to board trains using steps that may be steep and walk along narrow corridors while trains are in motion. We welcome travelers 15 years of age and older on this program.

TERMS AND CONDITIONS

Eligibility

We encourage membership in the Stanford Alumni Association as the program cost for nonmembers is \$300 more than the members' price. The nonmember fee is waived for anyone traveling as a paid guest of a current member, as well as for emerita or emeritus faculty and staff. To purchase a membership, call (650) 725-0692 or [click here](#) for more information.

Deposits, Payments and Cancellations

A \$1,000-per-person deposit is required to reserve space on this program. Final payment is due 120 days prior to program start. Deposits and any payments are refundable, less a \$500-per-person cancellation fee, until 120 days prior to program start. After that date, refunds can be made only if the program is sold out and we resell your place(s), in which case a \$1,000-per-person cancellation fee will apply.

Insurance

Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with general medical, accident and evacuation coverage, as well as on-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage, under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage and/or baggage insurance. Information offering such insurance will be included in your confirmation materials. The product offered includes special benefits if you purchase your insurance within 14 days of receiving your welcome email.

Responsibility

The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motor coach, launch or any other conveyance used in carrying out this program or for

the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger, as tour rates include arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. We reserve the right to cancel any program prior to departure, in which case the entire payment will be refunded without further obligation on our part. We also reserve the right to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner's risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time passengers are not on board their plane or conveyance. Neither the Stanford Alumni Association, nor Stanford University, nor our operators accept liability for any carrier's cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect at the time the brochure is published and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges. As a condition of participation, all confirmed participants are required to sign an Assumption of Risk.

California Seller of Travel Program Registration #2048 523-50