

Stanford **TRAVEL/STUDY**

Ireland: Food, Culture and Politics

March 29 to April 8, 2022

Delve into Ireland's storied past, from prehistoric passage tombs to the Troubles that once plagued Belfast and Northern Ireland, and hear from local experts about the impacts of Brexit today. Marvel at the rock carvings and dramatic stone structures of neolithic Newgrange and Knowth, which predate Stonehenge and the pyramids of Egypt and are part of a UNESCO World Heritage site. Drive the north coast and stop to walk atop some of the 40,000 interlocking basalt columns of stunning Giant's Causeway. In the Connemara district, take in the striking coastal scenery, which has captured the imaginations of poets, artists, writers and filmmakers. As we explore the history and culture of well-known cities, we'll also experience the Emerald Isle through its food and drink.

FACULTY LEADER

Scott Pearson, who has studied economic change in developing countries for six decades, taught economic development and international trade at the Food Research Institute at Stanford for 34 years. He has coauthored a dozen books, won several awards for his research and teaching and advised governments on food and agricultural policy. Scott has worked and traveled extensively in Asia, Africa and Europe. As one of our most versatile faculty leaders, he has accompanied 65 Travel/Study trips, on all seven continents. During this program, Scott will lecture on Ireland's ancient and medieval past, touching on the Gaelic Celts and the Vikings and continuing on to the English crown's colonization. He will discuss the Great Irish Famine's causes and impacts, the slow economic growth of the early 20th century and its acceleration later on, as well as the Troubles of the 1960s and beyond and Northern Ireland's progress since then.

- Stanford professor of agricultural economics, 1968–2002
- Director, Food Research Institute, 1991–1996
- Dean's Award for Teaching in the School of Humanities and Sciences
- Regular adviser of governments in Asia, Africa and southern Europe on food and agricultural policy
- MA, international relations, Johns Hopkins University; PhD, economics, Harvard University

ITINERARY

Tuesday, March 29

DUBLIN, IRELAND

Stretch your legs after your long journey on a brief late-afternoon literary-themed walking tour around Trinity College Dublin. There is time to freshen up at our hotel before dinner at the Michelin-starred restaurant Chapter One, located in Parnell Square. FITZWILLIAM HOTEL (D)

Wednesday, March 30

DUBLIN

Visit EPIC The Irish Emigration Museum for a tour, followed by a discussion of past and modern events in Ireland and the impact of emigration on the country with a panel including the director of the museum

and experts such as journalists, historians or politicians. Following lunch embark on a VIP visit to the Guinness Storehouse to taste different types of the beer from around the world and learn how to pour the perfect pint of genuine Irish stout. FITZWILLIAM HOTEL (B,L)

Thursday, March 31

DUBLIN / CORK

Head south for a morning visit to Cashel Farmhouse Cheesemakers, the purveyors of the acclaimed Cashel Blue cheese, in Tipperary. This is one of the best-known Irish cheesemakers, with a worldwide distribution, yet it is also a family-run business that employs a small number of loyal local staff. Continue on to the Rock of Cashel, traditional seat of the Kings of Munster. After a simple lunch, travel to our accommodations outside Cork. One of Ireland's top country houses and restaurants, Ballymaloe is run by the Allen family and is steeped in Old World charm. Enjoy an introduction by one of the family members to the history of Irish food and gourmet dining and County Cork's culinary traditions. BALLYMALOE HOUSE (B,L,D)

Friday, April 1

CORK

Our day begins with a tour of the English market in Cork, one of the oldest and best covered markets in the British Isles. After lunch visit the Midleton Distillery and enjoy a tasting of Irish whiskey. The distillery is Ireland's largest and home to many well-known brands, including Jameson and Powers. Return to our hotel this evening for a light meal of cheese and wine. BALLYMALOE HOUSE (B,L,D)

Saturday, April 2

CORK / GALWAY

Students from around the world (there are 65 interns at any given time) come to the Ballymaloe Cookery School for expert tuition and use of the 100 acres of organic gardens. This morning pay a visit for a cooking demonstration and lunch before heading north to Galway. PARK HOUSE HOTEL (B,L,D)

Sunday, April 3

GALWAY

Drive through dramatic Connemara landscapes, inspiration to poets, artists, writers and filmmakers, stopping at the Benedictine-run Kylemore Abbey for a tour and walk around its Victorian walled garden. Enjoy lunch with a craft beer tasting at the Lough Inagh Lodge, overlooking a lake. From there it's a short trip to Killary Harbour, Ireland's only fjord, for a boat cruise taking in the magnificent scenery. Return to Galway in the late afternoon and have free time before dinner at JP McMahon's Michelin-starred Cava Bodega restaurant, where we'll enjoy Spanish tapas with Irish ingredients in the town that's home to the Spanish Irish. JP is a writer for the Irish Times and will give a brief talk to the group before our meal. Live Irish music will get your toes tapping after dinner. PARK HOUSE HOTEL (B,L,D)

Monday, April 4

GALWAY / BELFAST

Travel east to visit historic Slane Castle, family seat of the Conyngham family since the 18th century and the site of a magnificent new distillery where we enjoy a tasting and lunch. Visit the nearby neolithic sites of Newgrange and Knowth in the company of local professor Stephen Mandal to learn more about a civilization that predates the Egyptian pyramids. This afternoon drive to Belfast, where we check in to our hotel and have a light dinner. MERCHANT HOTEL (B,L,D)

Tuesday, April 5

BELFAST

Drive north along the stunning Antrim Coast Road, stopping for a short walk on the Giant's Causeway, a remarkable natural geological feature of more than 40,000 basalt columns. Enjoy lunch at the Bushmills Inn, a traditional coach inn whose menu features local produce, before a tasting at the Bushmills Distillery, the oldest operating distillery in the world, with a license dating from 1608. Return to Belfast for a free evening. MERCHANT HOTEL (B,L)

Wednesday, April 6

BELFAST

Our morning begins with a visit to Millennium Integrated Primary School to hear from the teachers and students about the history and benefits of integrated education (schools that bring together children and staff from Protestant and Catholic traditions). Continue to the village of Killinchy near the shores of Strangford Lough for a traditional lunch featuring local produce and traditional breads. Northern Ireland is famed for potato, soda and wheaten breads, and a short baking demonstration will be given. Local musicians and Irish dancers will provide entertainment. After lunch visit the Titanic museum in Belfast to discover the fascinating history of the famous ocean liner and the people who built her. This evening is free for exploring Belfast. MERCHANT HOTEL (B,L)

Thursday, April 7

BELFAST

Today we begin with a guided visit to the Peace Walls, the locations of flashpoints during the Troubles. After a light lunch at the hotel, there is time to rest before a round-up discussion of our trip. Celebrate our journey with a farewell dinner at the Michelin-starred OX restaurant overlooking the River Lagan. MERCHANT HOTEL (B,L,D)

Friday, April 8

BELFAST / HOME

Transfer to the airport for departing flights. (B)

INFORMATION

Covid-19 and Travel

With travel requirements and local Covid-19 conditions changing weekly, travel protocols for specific destinations will be shared with confirmed travelers closer to departure. To read more about Travel/Study's approach to ensuring traveler health and safety, visit our [Covid-19 Travel page](#).

Size

This trip is limited to 32 participants. Travel/Study is committed to providing a low-density experience on all programs and will implement protocols to do so, including social distancing on transportation as well as during lectures, meals and excursions. Single accommodations are limited.

Cost*

\$8,995 per person, double occupancy

\$10,470 per person, single occupancy

*Stanford Alumni Association nonmembers add \$300 per person.

Included

- 10 nights of deluxe hotel accommodations
- 10 breakfasts, 9 lunches and 7 dinners
- Welcome and farewell receptions
- Gratuities to guides and drivers for all group activities
- All tours and excursions as described in the itinerary
- Transfers and baggage handling on program arrival and departure days
- On-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage
- General medical, accident and evacuation insurance
- Educational program with lecture series and predeparture materials, including an education resource list and travel information
- Services of our professional tour manager to assist you throughout the program

Not Included

- Your personal flights to and from the program
- Passport and visa fees
- Immunization costs
- Meals and beverages other than those specified as included
- Independent and private transfers
- Nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage
- Baggage insurance
- Excess-baggage charges
- Personal items such as internet access, telephone calls, laundry and gratuities for nongroup services

Air Arrangements

You are responsible for booking and purchasing airfare to the start location and from the end location of the program. These air purchases are NOT included in the program cost. To assist you in making these independent arrangements, we will send you details with your confirmation materials on when to arrive and depart.

What to Expect

We consider this to be a mildly strenuous program that is occasionally demanding and busy. Participants must be physically fit, active and in good health. Daily excursions involve one to two miles of walking, with tours lasting as long as four hours. Bus rides may be as long as three hours, including a comfort stop. Some of the walking takes place at ancient sites or rural areas where the ground may be unpaved and/or uneven, or in historic city centers, where paths can be cobblestoned and uneven. In some instances, such as at ruins or castles, stairs are unavailable or do not have handrails. Many buildings do not have elevators, and some sites and museums do not allow buses to pull up in front, thus requiring a walk of several minutes to reach the entrance. We welcome travelers 15 years of age and older on this program.

TERMS AND CONDITIONS

Eligibility

We encourage membership in the Stanford Alumni Association as the program cost for nonmembers is \$300 more than the members' price. The nonmember fee is waived for anyone traveling as a paid guest of a current member, as well as for emerita or emeritus faculty and staff. To purchase a membership, call (650) 725-0692 or visit alumni.stanford.edu/goto/membership.

Deposits, Payments and Cancellations

A \$1,000-per-person deposit is required to reserve space on this program. Final payment is due 120 days prior to program start. Deposits and any payments are refundable, less a \$500-per-person cancellation fee, until 120 days prior to program start. After that date, refunds can be made only if the program is sold out and we resell your place(s), in which case a \$1,000-per-person cancellation fee will apply.

Insurance

Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage, as well as on-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage, under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage and/or baggage insurance. Information offering such insurance will be included in your confirmation materials. The product offered includes special benefits if you purchase your insurance within 14 days of receiving your welcome email.

Responsibility

The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motor coach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger, as tour rates include arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. We reserve the right to cancel any program prior to departure, in which case the entire payment will be refunded without further obligation on our part. We also reserve the right to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner's risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time passengers are not on board their plane or conveyance. Neither the Stanford Alumni Association, nor Stanford University, nor our operators accept liability for any carrier's cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect at the time the brochure is published and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges. As a condition of participation, all confirmed participants are required to sign an Assumption of Risk.

California Seller of Travel Program Registration #2048 523-50