

Stanford **TRAVEL/STUDY**

JAPAN FAMILY ADVENTURE

July 6 to 17, 2022

Bring the family on a journey that takes us to Kyoto's many temples and gardens, the Peace Memorial in Hiroshima and Tokyo's Edo Museum, which features re-created homes from the Edo period. Travel to the stunning Miho Museum, designed by architect I. M. Pei, to view its mix of antiquities and antiques, try your hand at tea-leaf picking, and kids visit a local school to meet with peers. Attend a local baseball game, feed the free-roaming deer on Miyajima Island and stay at a *ryokan* (traditional inn) complete with tatami-mat floors and *yukata* (robes) for the whole family to wear. Learn about manga, the Japanese art form of comics and graphic novels popular with all ages, at the Kyoto International Manga Museum, and feel like a hero wielding a *katana* (sword) while dressed in *hakama* (Japanese pants) at Tokyo Samurai Kenbu.

FACULTY LEADER

Greg Watkins

Greg Watkins, '85, PhD '02, is the associate director of Stanford's Structured Liberal Education (SLE) program, a freshman humanities program where students study the history of philosophy, literature and religion. His research is focused on religion and film. For the past 14 years he's been a resident fellow at East Florence Moore Hall, living with the students who participate in the program. He loves the curiosity and inquisitiveness of students of all ages. He's led trips for Stanford throughout Southeast Asia, South Asia and the Himalayan region and has traveled with his two daughters to Thailand and Bhutan. He notes, "As a student of religion myself, I see this trip as an opportunity to bring to life the wonderfully diverse and fascinating religious culture of Japan".

ITINERARY

Wednesday, July 6

Osaka, Japan / Kyoto

Fly into Osaka's Kansai International Airport, transfer by bus to Kyoto, and check in to our hotel. The evening is free to relax and rest after traveling. THE WESTIN MIYAKO

Thursday, July 7

Kyoto

This morning after breakfast, gather for a welcome orientation followed by our first faculty lecture and Young Explorer session. Then, head out to visit Ryoan-ji, a beautiful example of a Zen rock garden. Later this morning, visit one of Japan's most enduring sites, Kyoto's Kinkaku-ji, or Golden Pavilion. After a bento lunch, stroll through the stunning Arashiyama Bamboo Grove, then visit the Monkey Park Iwatayama for a chance to observe Japanese macaques up close. Return to our hotel for a welcome reception and dinner. THE WESTIN MIYAKO (B,L,D)

Friday, July 8

Kyoto

Today travel to the Miho Museum, located in a nature preserve in the Shigaraki Mountains. The striking and unusual museum structure was designed by famed Chinese-American architect I.M. Pei to house the Shumei Foundation's collection of Japanese teaware and rare art objects that range from the Mediterranean to China. After lunch at the museum, head back to Kyoto and stop on the way to pick tea leaves at a plantation in Shiga Prefecture. Back in Kyoto, visit the Heian Shrine, built on the occasion of the 1,100th anniversary of Kyoto, then called Heian, becoming the capital of Japan. THE WESTIN MIYAKO (B,L,D)

Saturday, July 9

Kyoto

This morning walk through the vermilion torii gates of the iconic Fushimi Inari-taisha shrine, then continue our exploration of Kyoto with a visit to Nijo Castle, the shogun's residence in the Edo Period. Enjoy a typical Japanese lunch at a local restaurant, before Young Explorers head to the Kyoto International Manga Museum to browse their impressive collection of manga spread over three floors. Adults walk to nearby Nishiki Market, known for its local culinary specialties. The rest of the evening is free. THE WESTIN MIYAKO (B,L)

Sunday, July 10

Kyoto / Miyajima / Hiroshima

This morning transfer by bullet train to Hiroshima, arriving in time for lunch. Afterwards take a ferry to the sacred island of Miyajima to visit its famous shrine, Itsukushima-jinja. Delight in the free-roaming deer and view the massive vermilion torii gate standing in the sea just offshore. Enjoy time at leisure to explore the island and soak in the peaceful surroundings before returning to Hiroshima and checking in to our hotel. If our schedules coincide, enjoy a Hiroshima Carps baseball game at the Mazda Zoom-Zoom Stadium. HOTEL GRANVIA HIROSHIMA (B,L)

Monday, July 11

Hiroshima

The castle town of Hiroshima, for centuries the most important port city in this region, became a military base during World Wars I and II, thus becoming the primary target of the first atomic bomb attack in 1945. Today begins with a visit to the Peace Memorial Park, Atomic Bomb Dome and Peace Memorial Museum. Portions of the Peace Memorial Park were designed by renowned architect Kenzo Tange and sculptor Isamu Noguchi. Shift gears and partake in a cooking class and lunch of *okonomiyaki*, a savory pancake that's a local specialty. Afterwards, Young Explorers participate in a school cultural exchange program with students from a local school, while adults enjoy free time in Hiroshima. HOTEL GRANVIA HIROSHIMA (B,L)

Tuesday, July 12

Hiroshima / Kanazawa / Ishikawa

Bid farewell to Hiroshima today and take a morning train to Kanazawa. Located on the shores of the Sea of Japan, Kanazawa boasts some of the best-preserved Edo period districts. Have lunch on arrival, then visit the Kanazawa Castle Park and neighboring Kenroku-en, considered one of Japan's most beautiful landscape gardens. Drive to the hot-springs-resort area called Ishikawa and check in to our ryokan, a traditional Japanese hotel with tatami mat flooring and shoji screens. Tea is served at low wooden tables and guests sleep on futons placed on the tatami mats. Our ryokan also features the typical Japanese communal baths, called *onsen*, with separate men's and women's quarters. ISHIKAWA YAMASHIRO ONSEN RURIKOH (B,L,D)

Wednesday, July 13

Kanazawa

Today head to the city of Komatsu to experience hands on craft-making activities at Yunokuni no Mori, a traditional handicrafts village. Choose between a variety of options, such as noodle making, pottery, ceramic painting, cake making and sculpting in bamboo, among many others. This afternoon return to Kanazawa, where adults visit the 21st Century Museum of Contemporary Art, and Young Explorers can admire the majesty of samurai armor at the Kaga-Honda Samurai Museum. ISHIKAWA YAMASHIRO ONSEN RURIKOH (B,L,D)

Thursday, July 14

Kanazawa / Tokyo

This morning continue learning about the life of samurai at the Nomura Samurai House, a historic residence in the area where the samurai of Kanazawa lived with their families. Also visit the Higashi Chaya district, a well-preserved historic geisha district lined with wooden teahouses dating back to the 1820s. After lunch at a local restaurant, climb aboard a bullet train headed to Tokyo, arriving in the evening. Check in to our hotel before setting off for dinner on our own. IMPERIAL HOTEL (B,L)

Friday, July 15

Tokyo

Start our exploration of Tokyo with a visit to the Hama Rikyu Gardens, a sprawling park of traditionally styled gardens that stands in stark contrast to the skyscrapers of Tokyo. Then travel by ferry to the Asakusa Kannon Temple, one of the city's most dramatic Buddhist temples. After lunch at the pedestrian arcade near the temple, participate in a samurai experience: learn the basic techniques of *kenbu*, a traditional Japanese art that includes tying on a kimono, traditional walking and bowing, and handling a sword. If our schedules coincide, enjoy a Yomiuri Giants baseball game. IMPERIAL HOTEL (B,L)

Saturday, July 16

Tokyo

Start the day with a visit to the Edo-Tokyo Museum, which features city models from the Edo period, between 1590 and 1964. Enjoy a free afternoon in Tokyo to explore the many attractions this city has to offer, perhaps strolling through the Ginza district and exploring the Imperial Palace surroundings. Gather this evening at our hotel for a farewell dinner. IMPERIAL HOTEL (B,L,D)

Sunday, July 17

Tokyo / Home

Transfer to the Tokyo airport for flights home. (B)

INFORMATION

Young Explorer Program

Kids of all ages love our Young Explorer program, where they're grouped by age for fun and educational activities that take place during lectures. They'll enjoy thought-provoking discussions and mind-bending games that fuel creativity, all while building new friendships. Our Young Explorer leaders are all recent Stanford grads and Stanford Sierra Camp counselors. They are pros at understanding and adapting to the personalities and interests of each young explorer—which means that everyone has a great time.

Covid-19 and Travel

With travel requirements and local Covid-19 conditions in constant flux, travel protocols for our destination will be shared with confirmed travelers closer to departure. To read more about Travel/Study's approach to ensuring traveler health and safety, visit our [Covid-19 Travel page](#).

Size

This trip is limited to 41 participants. Single accommodations are limited.

Cost*

\$9,795 per adult, double occupancy

\$9,295 per child (ages 6–18), double occupancy

\$11,820 per adult or child, single occupancy

*Stanford Alumni Association nonmembers add \$300 per person.

Included

- Educational program with lecture series and predeparture materials, including an education resource list and travel information
- Young Explorer program and activities for kids
- Services of our professional tour manager to assist you throughout the program
- All tours and excursions as described in the itinerary
- Gratuities to guides and drivers for all group activities
- 11 nights of deluxe hotel accommodations
- 11 breakfasts, 10 lunches and 5 dinners
- Welcome and farewell receptions
- Transfers and baggage handling on program arrival and departure days
- On-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage
- General medical, accident and evacuation insurance

Not Included

- Your personal flights to and from the program
- Passport and visa fees
- Immunization costs
- Meals and beverages other than those specified as included
- Independent and private transfers
- Nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage
- Baggage insurance
- Excess-baggage charges
- Personal items such as internet access, telephone calls, laundry and gratuities for nongroup services

Air Arrangements

You are responsible for booking and purchasing airfare to the start location and from the end location of the program. These air purchases are NOT included in the program cost. To assist you in making these independent arrangements, we will send you details with your confirmation materials on when to arrive and depart.

Room Arrangements

Families stay in standard hotel rooms, typically with one king or queen bed (depending on the property), or two twin beds. Accommodations vary from property to property, and flexibility is a must. If you plan to have three people in one room, please indicate your bed preference for the first two people. We will request a rollaway for the third family member. For families in multiple rooms, Travel/Study always requests rooms that are next to each other or as close as the accommodations permit. If your family would like interconnecting rooms, please indicate as much when you register. Travel/Study can request interconnecting rooms on your behalf where available, but most accommodations will not guarantee them in advance.

What to Expect

We consider this program moderately strenuous program-- at times physically demanding and busy. Some days require early-morning starts; and we often have a full schedule of excursions, lectures and special events. Limited internal flight schedules may necessitate early-morning or late-evening travel. Daily excursions involve one to three miles of walking with tours as long as three hours on city streets, which are, in some cases, uneven or cobblestoned. Significant walking and climbing of stairs may also be required at many hotels and airports. In some instances, such as at temples, steps are a necessary part of the tour and may not have handrails. Though all of our accommodations feature Western amenities and are quite comfortable, hotels in Japan tend to be less luxurious than in many other parts of the world. In Kanazawa, we stay at a traditional Japanese ryokan, which requires sleeping on traditional tatami mats and futons. Although all of the hotels and motor coaches used in this program are air-conditioned, other traditional means of conveyance and some of the museums and temples we visit are not air-conditioned. Participants must be physically fit, active and in good health. We welcome travelers 6 years of age and older on this program.

TERMS AND CONDITIONS

Eligibility

We encourage membership in the Stanford Alumni Association as the program cost for nonmembers is \$300 more than the members' price. The nonmember fee is waived for anyone traveling as a paid guest of a current member, as well as for emerita or emeritus faculty and staff. To purchase a membership, call (650) 725-0692 or visit alumni.stanford.edu/goto/membership.

Deposits, Payments and Cancellations

A \$1,000-per-person deposit is required to reserve space on this program. Final payment is due 120 days prior to program start. Deposits and any payments are refundable, less a \$500-per-person cancellation fee, until 120 days prior to program start. After that date, refunds can be made only if the program is sold out and we resell your place(s), in which case a \$1,000-per-person cancellation fee will apply.

Insurance

Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage, as well as on-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage, under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage and/or baggage insurance. Information offering such insurance will be included in your

confirmation materials. The product offered includes special benefits if you purchase your insurance within 14 days of receiving your welcome email.

Responsibility

The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motor coach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger, as tour rates include arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. We reserve the right to cancel any program prior to departure, in which case the entire payment will be refunded without further obligation on our part. We also reserve the right to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner's risk entirely. The airlines concerned are not to be held responsible for any act, omission or event during the time passengers are not on board their plane or conveyance. Neither the Stanford Alumni Association, nor Stanford University, nor our operators accept liability for any carrier's cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect at the time the brochure is published and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges. As a condition of participation, all confirmed participants are required to sign an Assumption of Risk.

California Seller of Travel Program Registration #2048 523-50