

Stanford **TRAVEL/STUDY**

PERU

April 14 to 23, 2022

Follow archaeologist and anthropology professor John Rick as you hike among some of Peru's most enigmatic ruins and learn about the ancient civilizations that created them. Take in stunning views of the Andean plains aboard the Andean Explorer, South America's first luxury sleeper train. Ponder the mysteries of Machu Picchu, the mystical 15th-century Inca citadel that sits nearly 8,000 feet above sea level. Feast your eyes on the many colors of Peru, from the white buildings of Arequipa, made of volcanic stone, to the shimmering blue waters of Lake Titicaca, to the red roof tiles of Cusco. Toast our adventure with the classic Peruvian cocktail, a pisco sour.

FACULTY LEADER

John Rick

John Rick fell in love with archaeology at the age of 6, while escorting his parents on a plant-hunting expedition to South America. Exploring desert mud-brick cities and visiting sites like Machu Picchu inspired a lifelong archaeological career. John joined the Stanford faculty in 1978, and most of his research has been on Peru. Prior to that, John received his BA in anthropology from UC Santa Cruz, and master's and doctoral degrees from the University of Michigan.

He has participated in archaeological excavations in California, Arizona, New Mexico, Illinois, Michigan, France, Peru and Mexico, and has done other archaeological work in Colombia, Panama, the Galápagos and Easter Island. He has studied early hunter-gatherers of the high grassland plateaus and was recently honored by the Peruvian government for his work in the Peruvian highlands at the early monumental site of Chavín de Huántar.

Selected Publications:

- Author, "Chavín de Huántar: The beginnings of social complexity in the Andes."
- Author, "Chavín de Huántar: Evidence for an evolved shamanism."

ITINERARY

Thursday, April 14

Lima, Peru

Depart the U.S. on independent flights to Lima and transfer to our hotel upon arrival. BELMOND MIRAFLORES PARK

Friday, April 15

Lima

This morning visit the Rafael Larco Herrera Archaeological Museum, housed in an 18th-century viceroy mansion and surrounded by beautiful gardens. The museum offers a fascinating account of more than 5,000 years of pre-Columbian Peruvian history, and the museum's storerooms hold tens of thousands of archaeological treasures. Next visit Plaza Mayor, which was the stage for Peru's 1821 declaration of independence. Located in Lima's historic center, the plaza is surrounded by the Government Palace, the Municipal Palace (City Hall) and the Basilica Cathedral of Lima. This evening enjoy a private welcome

reception and dinner at Casa Garcia Alvarado, a stately family home. BELMOND MIRAFLORES PARK (B,L,D)

Saturday, April 16

Lima / Arequipa / Embark Andean Explorer / Puno

Fly to Arequipa this morning and upon arrival transfer to the Arequipa railway station to embark on the Andean Explorer, our home for the next two nights. Enjoy an elegant dinner served in a dining car as our train departs and travels across the Andean Altiplano, the high plains of the Andes mountains, which stretch from southern Peru to northern Argentina. Arrive in Puno late this evening and spend the night on board. ANDEAN EXPLORER (B,D)

Sunday, April 17

Puno / Lake Titicaca / Andean Altiplano

Wake up early for a spellbinding experience: the sunrise across Lake Titicaca. Following breakfast disembark from our train to explore Lake Titicaca, the highest navigable lake in the world. In the lake are many diverse islands, each with its own unique way of life. Take a traditional boat to the man-made Uros Islands, artfully constructed from interwoven reeds, which the island inhabitants also use to create homes, boats and tools. Continue to Taquile Island, notable for its stunning horticultural terraces. Local handwoven fabrics made by Taquileños are regarded as the highest-quality handicrafts in Peru. Enjoy lunch on the beach, followed by a performance by local dancers and a demonstration of artisans at work. Return to the train station to re-embark on the Andean Explorer in time for afternoon tea as the train departs for Marangani, where we overnight aboard the train. ANDEAN EXPLORER (B,L,D)

Monday, April 18

Marangani / Raqch'i / Cusco / Urubamba Valley

Enjoy breakfast accompanied by stunning views as our train leaves Marangani for Cusco. Along the way stop to visit the archaeological site of Raqch'i, once an important stop on the ancient Incan road that ran between Cusco and Puno. The Temple of Wiracocha, Raqch'i's centerpiece, is believed to have had the largest roof in the Incan empire before it was destroyed by the Spanish. Enjoy an early lunch on board our train before disembarking in Cusco, where we set out on a scenic drive to the Urubamba Valley, also known as the Sacred Valley of the Incas. Upon arrival check in to our hotel and relax a bit before dinner. BELMOND RIO SAGRADO (B,L,D)

Tuesday, April 19

Urubamba Valley

We begin today exploring the ruins of the massive fortress of Ollantaytambo, which successfully withstood Spanish attacks in the 16th century. Built on top of an Incan settlement, Ollantaytambo is Peru's one surviving example of Incan town planning. After equestrian demonstrations and lunch at a ranch nearby, visit a remote village seemingly frozen in time. Learn about the ancient agricultural methods villagers have used for centuries to support themselves in this challenging Andean mountain environment and hear from local citizens about their cuisine and daily life in this remote area. Dinner tonight is on our own. BELMOND RIO SAGRADO (B,L)

Wednesday, April 20

Urubamba Valley / Aguas Calientes / Machu Picchu

This morning take a scenic train ride through the Sacred Valley to Aguas Calientes, the town located at the foot of Machu Picchu. Nestled in a cloud forest, Machu Picchu is arguably the most important archaeological site in the Americas. Surrounded by steep agricultural terraces, this masterfully planned

site, built in the mid-1400s, was a center of worship and the private retreat of the Inca ruler Pachacútec. This “Lost City of the Incas” also included an astronomical observatory. Explore the stone temples, grassy plazas, palaces and workshops with an expert guide. After checking in to our hotel set in the shadow of Machu Picchu, enjoy an afternoon at leisure before dining together this evening. BELMOND SANCTUARY LODGE (B,L,D)

Thursday, April 21

Machu Picchu / Cusco

This morning we are at leisure to explore on our own. We may wish to spend more time at Machu Picchu, hike part of the Inca Trail or wander through our hotel’s orchid garden. This afternoon return to Cusco, perched 11,152 feet above sea level, and check in to our hotel. Enjoy dinner independently at one of Cusco’s many wonderful restaurants. BELMOND HOTEL MONASTERIO (B)

Friday, April 22

Cusco

We begin today with a city tour that includes Cusco’s cathedral on the Plaza de Armas and the Church of Santo Domingo, a Dominican church and convent built on the foundations of the Koricancha, or “temple of gold,” the Incas’ principal religious building, dedicated to the worship of the sun. Just outside of Cusco we visit the ruins of Sacsayhuamán, begun by the Killke people early in the 10th century and expanded by the Incas in the 13th century. We may be challenged by our guide to try to slip a piece of paper between the cracks of these massive stones (one weighs 125 tons!), which were cut and fitted together with incredible precision and without a single glob of mortar to hold them in place. Later this evening toast our journey at a farewell reception and dinner. BELMOND HOTEL MONASTERIO (B,D)

Saturday, April 23

Cusco / Lima / Home

After a morning at leisure, we depart Cusco Saturday afternoon on a flight to Lima, then board overnight flights for home, arriving the following day. (B)

INFORMATION

Covid-19 and Travel

With travel requirements and local Covid-19 conditions changing weekly, travel protocols for our program will be shared with confirmed travelers closer to departure. To read more about Travel/Study’s general approach to ensuring traveler health and safety, visit our [Covid-19 Travel page](#).

Size

This trip is limited to 34 participants. Travel/Study is committed to providing a low-density experience on all programs and will implement protocols to do so, including social distancing on transportation as well as during lectures, meals and excursions. Single accommodations are limited.

About Our Train

South America’s first-ever luxury sleeper train, the Andean Explorer, transports up to 48 passengers in peerless style through the Peruvian Andes along one of the world’s highest train routes. The train features three different categories of sleeping compartments: During the day, the bunk bed and twin bed cabins are configured as sitting lounges with banquette-style sofas that are converted by train staff to

twin-size beds at night; the suites have permanent sitting areas. Every cabin is fully air-conditioned with private, en suite facilities (shower, wash basin and toilet) and large picture windows that offer excellent views of the passing scenery from the comfort of one's own private lounge. A tantalizing array of dishes made with fresh seasonal ingredients is served at gourmet lunches and dinners in the two restaurant cars, each decorated with luxurious leather and artisanal millwork. The open-air observation car at the rear of the train is the perfect spot to sip a pisco sour and take in the breathtaking views of Peru's high country.

Cost*

Rates are per person, based on double or single occupancy, as specified. Single accommodations are limited.

Category	Double Rate	Single Rate
Bunk (59 sq. ft.) Features a private bath and a long banquette that transforms into comfortable upper and lower single berths.	\$10,395	\$14,695
Twin (80 sq. ft.) Features a private bath, a long banquette and two seats. Transforms into two ground-level twin beds.	\$10,795	\$15,095
Suite (141 sq. ft.) Features a private bath, plush double bed and cozy seating area with two chairs and a table.	\$11,295	\$15,595

*Stanford Alumni Association nonmembers add \$300 per person.

Included

- Educational program with lecture series and predeparture materials, including an education resource list and travel information
- Services of our professional tour manager to assist you throughout the program
- All tours and excursions as described in the itinerary
- Gratuities to guides, drivers, restaurant staff, hotel porters and train crew for all group activities
- 7 nights of deluxe hotel accommodations
- 2 nights aboard the Andean Explorer
- 9 breakfasts, 5 lunches and 6 dinners
- Welcome and farewell receptions
- Transfers and baggage handling on program arrival and departure days
- Internal flights: Lima/Arequipa, Cusco/Lima
- On-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage
- General medical, accident and evacuation insurance

Not Included

- Your personal flights to and from the program
- Passport and visa fees
- Immunization costs
- Meals and beverages other than those specified as included
- Independent and private transfers
- Nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage
- Baggage insurance

- Excess-baggage charges
- Personal items such as internet access, telephone calls, laundry and gratuities for nongroup services

Air Arrangements

You are responsible for booking and purchasing airfare to the start location and from the end location of the program. These air purchases are NOT included in the program cost. To assist you in making these independent arrangements, we will send you details with your confirmation materials on when to arrive and depart.

What to Expect

We consider this program to be moderately active. Some excursions involve short walks, while others involve hikes that range from one to three miles. Daily walking tours in Lima and Cusco are often along uneven cobblestone streets. Hiking in Machu Picchu can be as strenuous or as slow-paced as individuals would like it to be. In some instances, stairs are a necessary part of the tour and may not have handrails, particularly at archaeological sites. Lake Titicaca, Raqch'i, Cusco and Machu Picchu are at altitudes ranging from 7,900 to 12,500 feet above sea level. Embarking on and disembarking from the Andean Explorer will require stepping up and down several steep steps, and participants should feel comfortable walking through and between rocking rail cars while the train is in motion. Travelers should be physically fit, active and in good health. We welcome travelers 15 years of age and older on this program.

TERMS AND CONDITIONS

Eligibility

We encourage membership in the Stanford Alumni Association as the program cost for nonmembers is \$300 more than the members' price. The nonmember fee is waived for anyone traveling as a paid guest of a current member, as well as for emerita or emeritus faculty and staff. To purchase a membership, call (650) 725-0692 or visit alumni.stanford.edu/goto/membership.

Deposits, Payments and Cancellations

A \$2,000-per-person deposit is required to reserve space on this program. Final payment is due 120 days prior to program start. Deposits and any payments are refundable, less a \$1,000-per-person cancellation fee, until 120 days prior to program start. After that date, refunds can be made only if the program is sold out and we resell your place(s), in which case a \$2,000-per-person cancellation fee will apply.

Insurance

Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with general medical, accident and evacuation coverage, as well as on-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage, under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage and/or baggage insurance. Information offering such insurance will be included in your confirmation materials. The product offered includes special benefits if you purchase your insurance within 14 days of receiving your welcome email.

Responsibility

The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and train arrangements and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motor coach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger, as tour rates include arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. We reserve the right to cancel any program prior to departure, in which case the entire payment will be refunded without further obligation on our part. We also reserve the right to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner's risk entirely. It is understood that the train's ticket, when issued, shall constitute the sole contract between the passenger and the train company. The airlines concerned are not to be held responsible for any act, omission or event during the time passengers are not on board their plane or conveyance. Neither the Stanford Alumni Association, nor Stanford University, nor our operators accept liability for any carrier's cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect at the time the brochure is published and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges. As a condition of participation, all confirmed participants are required to sign an Assumption of Risk.

California Seller of Travel Program Registration #2048 523-50