

Stanford **TRAVEL/STUDY**

PIEMONTE AND THE ITALIAN RIVIERA

April 21 to May 1, 2022

Enjoy the good life as we delve into a pair of Italy's most spectacular regions—Piemonte and Liguria's Italian Riviera. Faculty leader Emanuele Lugli enlightens us on the art and art history of the area while our Stanford connections provide special behind-the-scenes experiences. Walk along the footpaths among the Cinque Terre, five pastel-hued cliffside fishing villages, and check out the glamorous seaside town of Portofino. In Piemonte, the birthplace of Italy's "slow food" movement capital, feast on farm-fresh meals and taste prestigious vintages of Barolo and Barbaresco. Visit a traditional pecorino cheese farm and accompany a truffle dog on a hunt to sniff out the prized delicacy.

FACULTY LEADER

Emanuele Lugli

Emanuele Lugli, who joined the faculty of Stanford's department of art and art history in 2018, teaches and writes about late medieval and early modern art, with an emphasis on Italian painting, Renaissance fashion, the lives of early modern cities and the history of trade. He has written about Mediterranean harbors and journeys, and his most recent book, *The Knots in Their Lives*, on Renaissance master Sandro Botticelli, will be published in summer 2022. Professor Lugli says, "Since I was a child, I have traveled extensively throughout Europe in search of the curious and the unusual. On one occasion, I walked for days in the Alps to visit a remote fort, and I once waited for eight hours for a monastery to open so that I could see a hardly-ever-photographed relic. In a way, my passion for historic sites and art fuels my passion for traveling, and they both stem from the belief that some of the most unique and inspiring objects can only exist in remote locations." During our program, Emanuele will discuss the extravagant palaces of Genoese merchants, the picturesque churches that dot the Cinque Terre and the beautiful art and architecture sponsored by the House of Savoy, which ruled this region from its elegant capital, Turin, for more than seven centuries.

- Assistant professor, art history, department of art and art history, Stanford University, since 2018
- Hanna Kiel Fellow, Villa I Tatti, Harvard University Center for Italian Renaissance Studies, 2016–2017
- Lecturer, University of York, 2012–2018
- Post-doctorate, Kunsthistorisches Institut in Florenz–Max Planck Institut, 2010–2012
- Author, *The Knots in Their Lives* (University of Chicago Press, 2022)
- Author, *The Making of Measure and the Promise of Sameness* (University of Chicago Press, 2019)
- BA, University of Bologna
- MA, The Warburg Institute
- PhD, The Institute of Fine Arts, New York University

ITINERARY

Thursday, April 21

TURIN, ITALY

Arrive in stylish Torino (Turin), the capital of the Piemonte region, and transfer to our hotel, conveniently located in the city center. Despite its reputation as a 20th-century industrial center, Turin is a graceful mix of wide avenues and piazzas lined with handsome arcades. Centuries prior to becoming the home of Fiat and Lancia, Torino was the seat of the powerful Savoy dynasty. Determined to create a capital to rival the likes of Paris and Vienna, the family sponsored some of Italy's most exceptional baroque architecture. Stroll independently through this alluring city, nestled in the shadow of the Alps. Gather this evening for a welcome reception and a light supper. GRAND HOTEL SITEA (D)

Friday, April 22

TURIN

After an orientation briefing, take a walking tour of Turin, stopping to discover some of the city's main sites, including the Piazza Castello; the Cathedral of Saint John the Baptist, home to the controversial Shroud of Turin; and the Royal Church of San Lorenzo, *opus magnum* of baroque architect Guarino Guarini. Following lunch on our own, choose to enjoy the rest of the afternoon at leisure or join an optional excursion to the Castello di Rivoli, located outside Turin and home to one of Italy's finest collections of contemporary art. GRAND HOTEL SITEA (B,D)

Saturday, April 23

TURIN

Spend the morning exploring the Palazzina di Caccia di Stupinigi, one of the most ornate residences of the House of Savoy. Built as a royal hunting lodge in the early 18th century, this vast and elaborately decorated building was designed in the form of a St. Andrew's cross and is surrounded by a large geometric garden and woodlands. After lunch with the group in a local trattoria, enjoy the rest of the afternoon and evening exploring Turin independently. GRAND HOTEL SITEA (B,L)

Sunday, April 24

TURIN / BAROLO REGION / BRA

After checking out of our hotel, we make our way into Piemonte's famous wine and culinary region of Barolo, marked by rolling hills, carefully groomed vineyards and idyllic green pastures. Visit a farm that produces award-winning pecorino cheese using traditional methods, and enjoy lunch with its owner. After lunch continue our panoramic drive to Grinzane Cavour Castle, a UNESCO World Heritage Site, for a tour. We end the day in the lovely town of Bra, one of the capitals of Italy's "slow food" movement, where we stay at a local inn. ALBERGO DELL'AGENZIA HOTEL (B,L,D)

Monday, April 25

BAROLO

In the Santuario dei Piloni area, we get a glimpse into the celebrated quest for truffles with a local expert and his truffle-hunting dog. As we walk under ancient oaks and chestnut trees in search of this rare delicacy, our host will introduce us to the fiercely competitive art of truffle hunting and show us how these sensitive dogs are trained. Enjoy a lunch of local specialties in the small town of Barolo, followed by a tour and tasting in a top cellar that produces Barolo, considered one of the most prestigious of Italy's wines. ALBERGO DELL'AGENZIA HOTEL (B,L)

Tuesday, April 26

CANELLI / BARBARESCO / ALBA

This morning we head to Canelli, one of the most enchanting towns in the province of Asti, boasting a centuries-old culture of wine making. Today Canelli produces eight highly acclaimed D.O.C. wines and two of Italy's best-selling sparkling wines, Moscato d'Asti and Asti Spumante. Tour Canelli's famous cellars, locally known as "underground cathedrals." These architectural masterpieces, dug deep into the volcanic tuff upon which the town was built, conserve the region's great wines at a constant temperature of 57 F. Gather for lunch at a restaurant in nearby Barbaresco, then visit Alba, renowned for its white truffles, for a walking tour and some free time to explore the town independently before returning to Bra. ALBERGO DELL'AGENZIA HOTEL (B,L,D)

Wednesday, April 27

GENOA / SANTA MARGHERITA LIGURE

Today we make our way toward the iconic towns of the Italian Riviera. Our first stop is historic Genoa, one of Italy's autonomous maritime republics during the medieval era and now Liguria's regional capital. Wander along the UNESCO-listed Via Garibaldi, one of the *Strade Nuove*, or new streets, built by the Genoese aristocracy during the pinnacle of the republic's power, which is lined with Renaissance and Baroque palaces collectively known as the Palazzi dei Rolli. After lunch continue to Santa Margherita Ligure and check into our seaside hotel in the late afternoon. HOTEL CONTINENTAL (B,L,D)

Thursday, April 28

SANTA MARGHERITA LIGURE / PORTOFINO

After a morning walking tour to familiarize ourselves with the history and sights of lovely Santa Margherita, board a local ferry for the short trip to Portofino. Explore the Italian Riviera's most famous town, with its brightly painted houses set along an elegant harbor full of private yachts. Return to Santa Margherita by ferry or on foot via either a seaside path or a mountain trail. HOTEL CONTINENTAL (B,D)

Friday, April 29

CINQUE TERRE

Take the local train to Riomaggiore, one of the five fishing villages, strung out along the rugged coastline and linked by a walking path, that make up the Cinque Terre, a UNESCO World Heritage site. This breathtaking section of the Italian Riviera rivals the Amalfi Coast for stunning views and gorgeous sunsets. Conditions permitting, take an easy, half-hour walk on the Via dell'Amore (Path of Love) to the village of Manarola. From here take the local ferry to the village of Vernazza to explore and enjoy lunch independently at one of its many seafood trattorias. Continue by ferry to the village of Monterosso al Mare (weather permitting), or opt for a vigorous 2 1/2-hour hike on the scenic trail high above the sea that links the two villages. Return to our hotel in Santa Margherita in the late afternoon and enjoy an evening at leisure. HOTEL CONTINENTAL (B)

Saturday, April 30

CAMOGLI

A short train ride takes us to Camogli, a picturesque fishing village with a beautiful harbor. After time to explore, take a scenic boat ride to the medieval Benedictine abbey of San Fruttuoso, a hidden gem set in a rocky cove overlooking the emerald-green waters of the Gulf of Tigullio. Return to Santa Margherita by ferry for an afternoon at leisure or take a spectacular 2 1/2-hour hike that winds its way along a promontory overlooking the sea. Celebrate our journey at tonight's farewell reception and dinner. HOTEL CONTINENTAL (B,D)

Sunday, May 1

SANTA MARGHERITA LIGURE / HOME

Transfer to the Genoa airport this morning for flights home. (B)

INFORMATION

Covid-19 and Travel

With travel requirements and local Covid-19 conditions changing weekly, travel protocols for our program will be shared with confirmed travelers closer to departure. To read more about Travel/Study's approach to ensuring traveler health and safety, visit <https://alumni.stanford.edu/get/page/covidtravel>.

Size

This trip is limited to 22 travelers. Single accommodations are limited.

Cost*

\$8,995 per person, double occupancy

\$9,995 per person, single occupancy

*Stanford Alumni Association nonmembers add \$300 per person.

Included

- Educational program with lecture series and predeparture materials, including an education resource list and travel information
- Services of our professional tour manager to assist you throughout the program
- All tours and excursions as described in the itinerary
- Gratuities to guides and drivers for all group activities
- 10 nights of deluxe hotel accommodations
- 10 breakfasts, 5 lunches and 7 dinners
- Welcome and farewell receptions
- Transfers and baggage handling on program arrival and departure days
- On-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage
- General medical, accident and evacuation insurance

Not Included

- Your personal flights to and from the program
- Passport and visa fees
- Immunization costs
- Meals and beverages other than those specified as included
- Independent and private transfers
- Nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage
- Baggage insurance
- Excess-baggage charges
- Personal items such as internet access, telephone calls, laundry and gratuities for nongroup services

Air Arrangements

You are responsible for booking and purchasing airfare to the start location and from the end location of the program. These air purchases are NOT included in the program cost. To assist you in making these independent arrangements, we will send you details with your confirmation materials on when to arrive and depart.

What to Expect

We consider this program to be moderately strenuous. Daily excursions can be busy and involve one to three miles of walking on city streets, which may be uneven or cobblestoned. Some excursions involve longer walks, including several options for hikes up to 2 1/2 hours in length. Some sites and museums do not allow buses to pull up in front, necessitating a several-minute walk to reach the entrances. In Liguria we take public transportation (trains and ferries); passengers must be able to embark and disembark comfortably. You may have to walk up and down steps that may not have handrails. Participants must be physically fit, active and in good health. We welcome travelers 15 years of age and older on this program.

TERMS AND CONDITIONS**Eligibility**

We encourage membership in the Stanford Alumni Association as the program cost for nonmembers is \$300 more than the members' price. The nonmember fee is waived for anyone traveling as a paid guest of a current member, as well as for emerita or emeritus faculty and staff. To purchase a membership, call (650) 725-0692 or visit alumni.stanford.edu/goto/membership.

Deposits, Payments and Cancellations

A \$1,000-per-person deposit is required to reserve space on this program. Final payment is due 120 days prior to program start. Deposits and any payments are refundable, less a \$500-per-person cancellation fee, until 120 days prior to program start. After that date, refunds can be made only if the program is sold out and we resell your place(s), in which case a \$1,000-per-person cancellation fee will apply.

Insurance

Stanford Travel/Study provides all travelers who are U.S. or Canadian residents with minimal medical, accident and evacuation coverage, as well as on-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage, under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage and/or baggage insurance. Information offering such insurance will be included in your confirmation materials. The product offered includes special benefits if you purchase your insurance within 14 days of receiving your welcome email.

Responsibility

The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and ship arrangements and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motor coach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for

losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger as tour rates include arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. The right is reserved to cancel any program prior to departure in which case the entire payment will be refunded without further obligation on our part. The right is also reserved to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner's risk entirely. It is understood that the ship's ticket, when issued, shall constitute the sole contract between the passenger and the cruise company. The airlines concerned are not to be held responsible for any act, omission or event during the time passengers are not on board their plane or conveyance. Neither the Stanford Alumni Association, Stanford University nor our operators accept liability for any carrier's cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect at the time the brochure is published and is subject to change without notice to reflect fluctuations in exchange rates, tariffs or fuel charges. As a condition of participation, all confirmed participants are required to sign an Assumption of Risk.

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