

Stanford **TRAVEL/STUDY**

2022 Vietnam, Laos and Cambodia

January 5 to 23, 2022

Our popular introduction to this trio of Southeast Asian countries has been a Travel/Study favorite for more than 20 years. Join us in 2022 with history professor Margo Horn. In Hanoi, catch wafts of lemongrass and barbecued pork and listen to the cacophony of traffic as we visit shops filled with hand-embroidered linens and glossy lacquerware. Wake early to give alms, in the form of sticky rice, to an assembly of Buddhist monks—a tradition in Laos where nearly all males spend at least some time in a monastery. Cap off the trip with two days exploring the temples of Cambodia's iconic Angkor, ancient capital of the Khmer kingdom.

FACULTY LEADER

MARGO HORN began teaching in the Stanford department of history in 1985. Her research and teaching combine interests in U.S. women's history and the history of medicine. She received her PhD from Tufts University and was awarded fellowships from the National Institute of Mental Health and the Commonwealth Fund. In 2018, Dr. Horn was appointed the Silverman Visiting Professor at the Cohn Institute for the History and Philosophy of Science at Tel Aviv University. She is the author of *Before It's Too Late: The Child Guidance Movement in the United States, 1922–1945*, among other publications. Dr. Horn currently teaches in Stanford's program in Feminist, Gender and Sexuality Studies. Her courses cover the history of women and mental illness, and the history of women and medicine in the United States. In addition, Dr. Horn directed Stanford's program in Innovative Academic Courses and offered workshops for advanced doctoral students across the university on the future of their research. Dr. Horn also worked as a volunteer in Phnom Penh, where she ran her own educational program for two summers.

Dr. Horn led Travel/Study's 2018 trip to Vietnam, Laos and Cambodia, and looks forward to returning with a new group of travelers. On this program, she plans to lecture on the history of traditional medicine in each country, their current health care systems and response to the pandemic. She will also discuss the roles of women and families in Southeast Asia.

ITINERARY

Wednesday, January 5

Ho Chi Minh City (Saigon), Vietnam

Upon arrival in Ho Chi Minh City check in to our hotel and spend the evening at leisure. CARAVELLE HOTEL

Thursday, January 6

Ho Chi Minh City

This morning gather for a welcome orientation followed by a visit to Reunification Palace and the Museum of Vietnamese History. Our tour continues to the city's baroque-style Central Post Office, a remnant of past French colonialism. This evening board a cruise along the Saigon River, then enjoy a welcome reception and dinner at a local restaurant. CARAVELLE HOTEL (B,L,D)

Friday, January 7

Ho Chi Minh City / Hue

Journey through the countryside to the Cu Chi district to examine the vast system of tunnels the Viet Cong used to infiltrate the city during the Tet Offensive of 1968. Hop on an afternoon flight to Hue, the capital of the Nguyen dynasty in the 19th century. MORIN HOTEL (B,L,D)

Saturday, January 8

Hue

Learn about the extraordinary former imperial capital of the Nguyen dynasty, highlighting the Citadel, at the center of which stands Vietnam's Forbidden City, once restricted to royalty. Cruise along the Perfume River to Thien Mu Pagoda (Pagoda of the Celestial Lady), a monastery and center of Buddhist activism, then tour the tomb of Emperor Minh Mang. Spend the evening at leisure, dining at one of Hue's many restaurants. MORIN HOTEL (B,L)

Sunday, January 9

Hue / Danang

Set out this morning for the picturesque Tu Duc and Khai Dinh tombs before traveling by coach along Vietnam's scenic coast. Cross over the Hai Van (Sea of Clouds) Pass to Da Nang. In the city center browse the Museum of Cham Sculpture featuring the unique relics of the Champa Kingdom, which dominated this region of Southeast Asia in the 10th century. NAMAN RETREAT (B,L,D)

Monday, January 10

Hoi An

Enjoy an excursion to the nearby town of Hoi An, famous for its thriving artist colony and the well-preserved, 18th-century wooden dwellings built by Chinese immigrants. . Return to our beachside hotel for an afternoon at leisure. NAMAN RETREAT (B,L,D)

Tuesday, January 11

Danang / Hanoi

Depart on a morning flight to Hanoi. More than 1,000 years old, this capital city in the Red River Delta is the cultural and political heart of the nation. Check in to our hotel, located near the traditional center, Lake of the Restored Sword. Visit Ba Dinh Square, where Ho Chi Minh declared Vietnam's independence from France in 1945. His austere mausoleum now occupies the site. Admire Ho Chi Minh's former private residence and the One Pillar Pagoda, which dates from 1049. This evening watch a performance of Hanoi's celebrated water puppets. METROPOLE HOTEL (B,L,D)

Wednesday, January 12

Hanoi

Tour the Guild District, also known as the Old Quarter with its numerous narrow lanes, each one devoted to the practice of a single handicraft. Next head to the Temple of Literature, Vietnam's first national institution of higher learning, established in 1070 and dedicated to Confucius. This afternoon venture to the Vietnam Museum of Ethnology to delve into the customs and lifestyles of Vietnam's minority ethnic groups. METROPOLE HOTEL (B,L)

Thursday, January 13

Hanoi / Ha Long Bay

Following breakfast go on a scenic three-hour drive to Ha Long (Descending Dragon) Bay. Board our cruising vessel, and throughout the afternoon and into the evening, drift amid the dramatic limestone islets of the bay, a UNESCO World Heritage site. Stay overnight aboard our ship on the bay's peaceful waters. PARADISE CRUISE (B,L,D)

Friday, January 14

Ha Long Bay / Hanoi / Luang Prabang, Laos

Disembark this morning and drive back to Hanoi for lunch, then to the airport for our evening flight to Luang Prabang. Bordered by green mountains and set on the Mekong River, this charming Lao town has retained its sleepy feel and provides a glimpse into the life of the Lao people. SOUPHATTRA HOTEL (B,L,D)

Saturday, January 15

Luang Prabang

Begin the day with a look at Laos's most traditional *wat* (Buddhist temple), Wat Xieng Thong. Then cruise in a motorized canoe along the upper Mekong River to the Pak Ou Caves, an important local pilgrimage site, stopping to explore a village en route. Tonight experience a traditional *baci* (spirit-calling) welcome ceremony. SOUPHATTRA HOTEL (B,L,D)

Sunday, January 16

Luang Prabang

Today head to the former Royal Palace of the Lan Xang Kingdom. Reflecting a combination of French and Lao styles, the palace is the current home of the precious golden Prabang Buddha figure. After our excursion delight in the sights of Luang Prabang independently. SOUPHATTRA HOTEL (B,L,D)

Monday, January 17

Luang Prabang / Siem Reap, Cambodia

Witness the early-morning processions through the streets of Luang Prabang of monks collecting alms. Then fly to Siem Reap and check in to our hotel. Relax in the evening before our busy day of adventure tomorrow. RAFFLES GRAND HOTEL D'ANGKOR (B,D)

Tuesday, January 18

Angkor Archaeological Park

Situated just outside the city of Siem Reap, Angkor flourished from the 10th to the 15th centuries, serving as the capital of the powerful Khmer Kingdom. The vast complex of temples that remains today represents only a fraction of the city that once thrived here. Marvel at Angkor Wat, a gigantic, three-level structure built in the early 12th century that is representative of the Cambodian state. The construction is dedicated to the god Vishnu and forms a symbolic "temple mountain" set in the center of a vast complex of walls, moats and ceremonial causeways. This afternoon navigate Angkor Thom, royal city of the 12th-century god king, Jayavarman VII. Next venture to one of Angkor's most memorable constructions, the Buddhist temple known as the Bayon with its stunning reliefs, towers and giant, carved stone faces. Round out the day with a visit to the Preah Khan (Sacred Sword) temple complex. RAFFLES GRAND HOTEL D'ANGKOR (B,L,D)

Wednesday, January 19

Angkor Archaeological Park

Continue our exploration of Angkor at one of its earliest and most prized sites, Banteay Srei, which boasts an impressive display of beautifully preserved carvings. Depending on the water level, go for an afternoon boating excursion on Tonle Sap Lake to observe the unique aquaculture and fishing industry of the region's floating villages. RAFFLES GRAND HOTEL D'ANGKOR (B,L,D)

Thursday, January 20

Siem Reap / Phnom Penh

Board a morning flight to Phnom Penh, the capital of Cambodia. Visit the former high school that became the infamous Tuol Sleng Security Prison, where the Khmer Rouge tortured and executed thousands of people, many of whose pictures hang on the walls of what is now the Tuol Sleng Genocide Museum. RAFFLES HOTEL LE ROYAL (B,L,D)

Friday, January 21

Phnom Penh

Walk about the Royal Palace grounds and Wat Preah Keo, also called the Silver Pagoda. Then admire the priceless Khmer art treasures of the National Museum of Cambodia. After lunch enjoy some free time to wander through the art deco Central Market, where citizens and tourists alike peruse the food stalls, tables of gold jewelry and other booths. RAFFLES HOTEL LE ROYAL (B,L,D)

Saturday, January 22

Phnom Penh / Bangkok, Thailand

After breakfast fly to Bangkok and spend the day in the dynamic, legendary capital city of Thailand. Partake in an optional tour of the Grand Palace, built in the 18th century in a blend of traditional Thai and Western architectural styles. Tonight gather for a farewell reception and dinner at our luxurious hotel on the Chao Phraya riverfront. MANDARIN ORIENTAL BANGKOK (B,D)

Sunday, January 23

Bangkok / Home

Transfer to the airport for flights home, arriving back in the U.S. on the same day. (B)

INFORMATION

Covid-19 and Travel

With travel requirements and local Covid-19 conditions changing weekly, travel protocols for specific destinations will be shared with confirmed travelers closer to departure. To read more about Travel/Study's approach to ensuring traveler health and safety, visit our [Covid-19 Travel page](#).

Size

This trip is limited to 34 travelers. Travel/Study is committed to providing a low-density experience on all programs and will implement protocols to do so, including social distancing on transportation as well as during lectures, meals and excursions. Single accommodations are limited.

Cost*

\$10,295 per person, double occupancy

\$12,795 per person, single occupancy

*Stanford Alumni Association nonmembers add \$300 per person.

Included

- Educational program with lecture series and predeparture materials, including an education resource list and travel information
- Services of our professional tour manager to assist you throughout the program
- All tours, internal flights and excursions as described in the itinerary
- Gratuities to guides and drivers for all group activities
- 17 nights of deluxe hotel accommodations
- Daily breakfast, 15 lunches and 15 dinners
- Welcome and farewell receptions
- Transfers and baggage handling on program start and end days
- On-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage
- General medical, accident and evacuation insurance

Not Included

- Your personal flights to and from the program
- Passport and visa fees
- Immunization costs
- Meals and beverages other than those specified as included
- Independent and private transfers
- Nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage
- Baggage insurance
- Excess-baggage charges
- Personal items such as internet access, telephone calls, laundry and gratuities for nongroup services

Air Arrangements

You are responsible for booking and purchasing airfare to the start location and from the end location of the program. These air purchases are NOT included in the program cost. To assist you in making these independent arrangements, we will send you details with your confirmation materials on when to arrive and depart.

What to Expect

We consider this program to be moderately strenuous and at times physically demanding and busy. Participants should be able to walk unassisted for extended excursions (typically two to three hours) over uneven, unpaved surfaces; up and down narrow staircases; and over high thresholds in high heat and humidity. In some instances, such as at temples and ancient sites, stairs are a necessary part of the tour and may not have handrails. Although our hotels and motor coaches during this program are air-conditioned, other traditional means of conveyance and most of the museums, temples, pagodas and ruins we visit are not air-conditioned. Participants must be physically fit, active and in good health. We welcome travelers 15 years of age and older on this program.

TERMS AND CONDITIONS

Eligibility

We encourage membership in the Stanford Alumni Association as the program cost for nonmembers is \$300 more than the members' price. The nonmember fee is waived for anyone traveling as a paid guest of a current member, as well as for emerita or emeritus faculty and staff. To purchase a membership, call (650) 725-0692 or visit alumni.stanford.edu/goto/membership.

Deposits, Payments and Cancellations

A \$1,000-per-person deposit is required to reserve space on this program. Final payment is due 120 days prior to program start. Deposits and any payments are refundable, less a \$500-per-person cancellation fee, until 120 days prior to program start. After that date, refunds can be made only if the program is sold out and we resell your place(s), in which case a \$1,000-per-person cancellation fee will apply.

Insurance

Stanford Travel/Study provides all travelers who are U.S. or Canadian citizens with minimal medical, accident and evacuation coverage, as well as on-tour quarantine-related trip-cancellation, -interruption and -delay insurance coverage, under our group-travel insurance policy. Our group policy is intended to provide minimal levels of protection while you are traveling on this program. You may choose to subscribe to optional nonquarantine-related trip-cancellation, -interruption and -delay insurance coverage and/or baggage insurance. Information offering such insurance will be included in your confirmation materials. The product offered includes special benefits if you purchase your insurance within 14 days of receiving your welcome email.

Responsibility

The Stanford Alumni Association, Stanford University and our operators act only as agents for the passenger with respect to transportation and ship arrangements and exercise every care possible in doing so. However, we can assume no liability for injury, damage, loss, accident, delay or irregularity in connection with the service of any automobile, motor coach, launch or any other conveyance used in carrying out this program or for the acts or defaults of any company or person engaged in conveying the passenger or in carrying out the arrangements of the program. We cannot accept any responsibility for losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, quarantine, force majeure or other causes beyond our control. All such losses or expenses will have to be borne by the passenger, as tour rates include arrangements only for the time stated. We reserve the right to make such alterations to this published itinerary as may be deemed necessary. We reserve the right to cancel any program prior to departure, in which case the entire payment will be refunded without further obligation on our part. We also reserve the right to decline to accept or retain any person as a member of the program. No refund will be made for an unused portion of any tour unless arrangements are made in sufficient time to avoid penalties. Baggage is carried at the owner's risk entirely. It is understood that the ship's ticket, when issued, shall constitute the sole contract between the passenger and the cruise company. The airlines concerned are not to be held responsible for any act, omission or event during the time passengers are not on board their plane or conveyance. Neither the Stanford Alumni Association, nor Stanford University, nor our operators accept liability for any carrier's cancellation penalty incurred by the purchase of a nonrefundable ticket in connection with the tour. Program price is based on rates in effect at the time the brochure is published and is subject to change

VIETNAM, LAOS AND CAMBODIA
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without notice to reflect fluctuations in exchange rates, tariffs or fuel charges. As a condition of participation, all confirmed participants are required to sign an Assumption of Risk.
California Seller of Travel Program Registration #2048 523-50